

But before we get into '82, we're going to take a last look at the highlights of '81. If you can bear it, that is ...

No engine! Bob started

leaving the house again.

Julie got a Valentine Card from Robert Redford. The year started with bad The message said that news for pedestrians looking at Giant Redeverywhere. Andy wood Trees out in bought a car! A real snip California had made him at only £50. Then came think of her and would the good news. He she fly out and marry thought it was the icy him. weather that was preventing it starting, until he looked under the bonnet.

Her bags were packed. she was ready to go, and then at the last moment ... she saw that it was postmarked Wimbledon!

It got very windy outside the Tower Block. Everybody was overworked and went as mad as March Hares, Except for February Andy. He went sensible!

On the first of the month Andy received a letter asking him to bare all for the centrefold of Playgirl. After a lot of careful thought he did a week's bodybuilding, put on his best knicks, and went to a photographer's studio. If only the false moustache hadn't made Bob sneeze we'd have had some great pictures

... still, Andy was April fooled, tee hee!

Everything was very merry. Andy told a joke that someone laughed at. Bob saw the funny side when a girl told him where to go, and Julie sacked everyone! Trouble is, she changed her mind!

What a scorcher! Not the weather (don't be silly, it

was June) - but Bob's latest. A former French model. Andy overheated with thinking about her, until he found out it was a Renault Five and he needn't be jealous.

Jaws 3!

The My Guy gang went

on an office outing, and everyone had a great time. There were no arguments, no sulks, and no disagreements. Maybe this was because Julie went to Brighton, Andy went to Southend, and Bob went to Hastings. Being in Brighton, Julie got one of those, er, all over tans. People fled from the beach at such speed that a rumour went round they were filming cancelled her hols!



Chris found she'd got a problem. By sheer bad luck she and Andy had booked into the same Eastbourne hotel for their hols - at the same time! She told everyone she was going incognito. Andy said he'd go in one too if he knew what a cognito was. Chris overheard, screamed "Not two weeks of that!" and



Judith runs a dating service for the girls at work. But when a new hunk arrives she has to work overtime to keep the rest of the girls at arm's length! See the first of our 3 COMPLETE PHOTO STORIES

Recognise these three? Well, we've got twenty great colour pin-ups for you. including separate ones of Sting, Stewart and Andy. Police fans see page



your favourite TV drools? We've got all the gen to shock you!

Want to know all about | Want the guys to notice you? We've got 25 ways for you to make your mark.

Like to tickle a fella's fancy? We've got fashion for flirts!

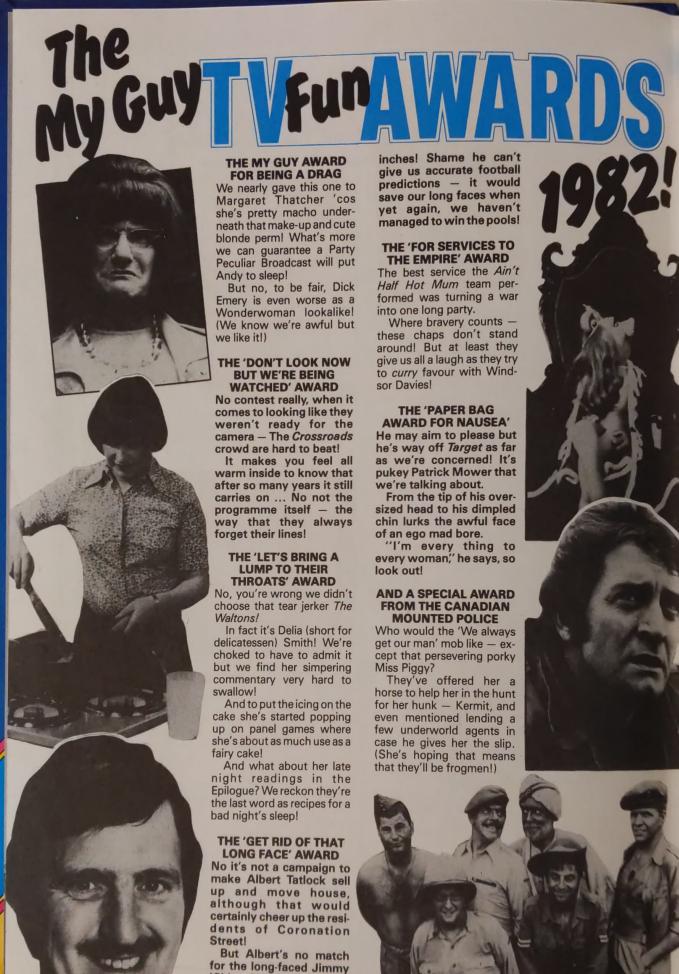
Meet the bands that go to

 Quizzes. beauty, tender fiction. Marked Personals. bumper problem pages and all your

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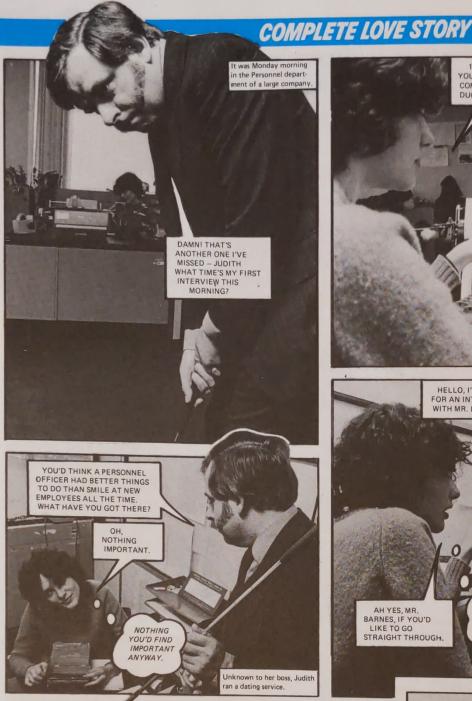


(Chinny) Hill! He could outdo any rival by at least 3

Judith found fellas for friends

through the company dating service and when Peter arrived she

was certain she'd met her match!











"What a pretty smile for the camera, Trevor!"





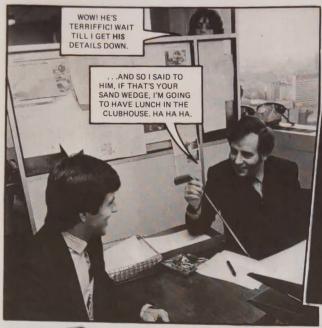








COMPLETE LOVE STORY

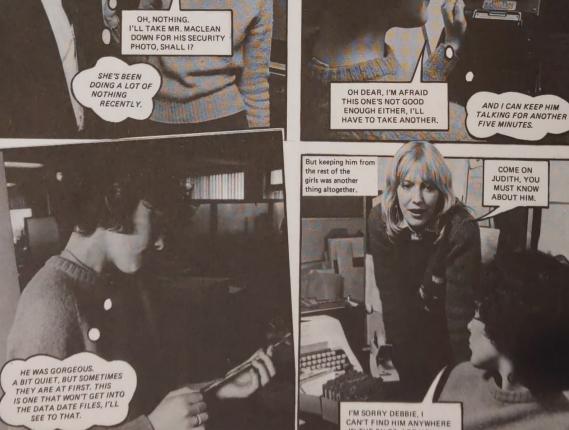




As usual, the photograph took quite a long time.

I'M SORRY DEBBIE, I CAN'T FIND HIM ANYWHERE IN THE FILES, ARE YOU SURE HE'S NOT A SALES REP, FROM ANOTHER FIRM?





"All right, what's his phone number?"













COMPLETE LOVE STORY





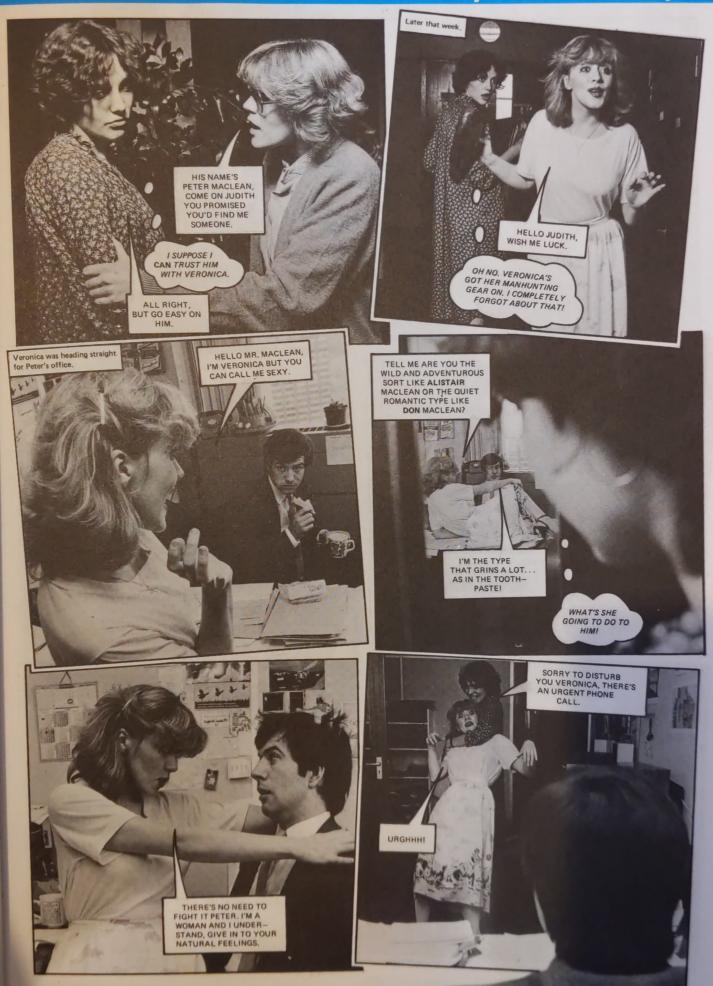








"I'm Veronica but you can call me Sexy."

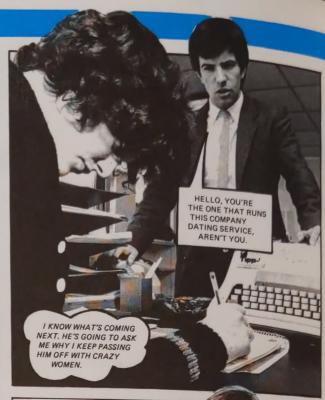


COMPLETE LOVE STORY













10 JUNE 1981

Diane made it to the top but she paid dearly for it.

OR as long as I can remember, people have been telling me how beautiful I am.

When I was a little girl I can remember people saying, "What a beautiful child. She'll go far with looks like hers."

It didn't take me long to realise that my face was my fortune. As I grew up I spent ages sitting in front of the mirror, trying my mum's make-up and eventually my own, experimenting with my hair and doing my nails.

I wasn't interested in making friends, I spent all my time by myself.

ATTENTION

I wasn't very well liked at Primary School but I didn't care, I didn't want to play stupid games and get myself all dirty.

But things were different when I changed schools and went to the local comprehensive.

Suddenly I was the centre of attention. Lots of the fellas in my class fancied me.

And who could blame me for taking

Of course, the other girls hated me but I knew it was only because they

were jealous of me. They used to call me "stuck-up"

"Who does she think she is, a film star?" I heard them saying one day. But I just stuck my head in the air and walked past.

The best looking fella in the school was a guy called Paul. He was in the fifth form and it caused quite a stir when we started going out together.

He used to meet me at the end of the day and we'd go home together.

We must have looked such a handsome couple, he was tall and dark with startling good looks, while I had gleaming dark hair and a perfect

I used to feel terribly proud.

Of course, underneath it all things weren't as good as they looked.

Paul could be a bit of a bore at times, always wanting to go to football matches or the pictures.

'I don't want to sit in the dark, with all that smoke," I used to complain.



'I'm all alone now.'

"Let's go to a nightclub or out for a

I knew Paul had a struggle finding the money. But I didn't care, I knew he always would.

MONEY

I didn't stay on at school to take any exams, instead I joined a model agency. I knew that was where I was going to make money. Big money.

It was on a session that I met Gary. He was a photographer, working for all the top fashion houses and magazines. So when he offered to take me

out for dinner I went.
"You're very beautiful," he told me
that night. "With my connections you could go far."

We looked at each other warily. "Do you have a boyfriend?" he asked, and I knew then that I'd have to finish with Paul.

But it was more difficult than I thought when I rang him.

"Don't leave me Di," he said, and I could hear his voice breaking. "I need you, I love you!"

I hung up.

Gary was as good as his word. He introduced me to hundreds of people,

fashion editors, business men, and the work came pouring in.

For a year things were fine, but then one day I work up feeling really ill.

I was dizzy and it seemed as though my right leg was numb.

"I can't possibly work today," I told Gary. "Get me a doctor."

"What do you mean you can't ork?" he snapped. "Of course work?" he snapped. you're going to work."

"I cannot work?" I shouted. "I am ill. Get me a doctor!"

But he wouldn't and eventually I

had to ring for one myself.
"Hmm," he said thoughtfully, having examined me. "I'd like you to go into hospital and have a few tests'

The following morning I arrived at the hospital by myself.

I felt so bad I was glad to be there. I just wanted to sleep and sleep ...

The numbness in my legs was getting worse, and the next day when I tried to get out of my bed I found I

couldn't move.
"Help me!" I screamed. "Nurse! Nurse! Come here at once! Help!'

'What is wrong with me?'' I snapped at the doctor.

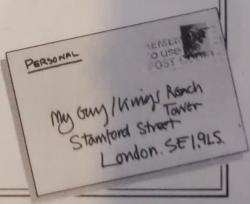
He looked at me sadly. "Diane, you've got multiple sclerosis?"

I gasped. "Me? But doesn't that paralyse people?"

He nodded gravely. "Yes it does, but we don't know yet how badly it will affect you. You'll probably lose the use of your legs. I'm sorry.

That's why I'm lying here in the hospital bed. I've got no cards, no flowers, no presents. No-one wants to know me any more. I'm all alone.

But I can see how vain and conceited I was. I've driven everyone away, everyone who ever loved me. And the terrible thing is, although I don't believe I deserve this terrible disease, I do deserve this dreadful loneliness...







Follow my tips to be the temptation he won't want to resist!

urn up on time he'll feel great to know that you've been hanging around for an hour for him - that should set him up for the night!

Don't wear anything too bright - the last thing he'll want is for his girlfriend's mates to notice you!

Wear you hair in bunches - it cuts down the cost of the bus fares!

Take the bunches out before you arrive at the flicks - he's bound to want saves him the expense of paying for popcorn in the pictures!

When he offers to pay for your ticket - don't let him. You may not realise it, but it's a joke!

Always wear something warm - so he won't feel so guilty making you walk him home!

Always wear flat shoes so that you can run on ahead and stop the bus you can't expect him to if he's wearing heels.

Never comment on the fact that he's wearing odd socks - he just might have odd feet.

Don't embarrass him by talking about money on the night out — instead just

find the arranged space has already been filled by his.

Don't drag him into one of those photograph booths - if he doesn't offer he can't be very photogenic. If he does suggest having a photo done remember to beg him to have one of those solo enlargement jobs.

Never enquire what he does for a living — always pretend you think he has a modelling career.

Check whether or not he's saturated in aftershave - before you start complaining about the state of the drains!

Always wear gloves if the weather's cold - you can't expect him to warm to a frostbitten mit!

invitation - the spray on colour could come off on your hands.

Don't interrupt him if he starts about his favourite football club - unless of course the manager happens to be your dad, in which case ask him straight back for coffee!

Avoid sitting in an area where there's only one seat - he won't be too comfortable poised on your knee.

Don't enquire why he calls himself Casper when Fred's embroidered on his handkerchief!

Never yawn in his company - if you're feeling desperate better to feign a

BOB'S GUIDE TO MAKE
ADATE GREAT! (For the Guy!) Never show him pictures of the family unless your mum happens to look like Joan Collins! If she is Joan Collins don't bring them at all you don't want him to think that you're a show off! Never ask him why he's

wearing bicycle clips - if he's just come back from leaving the Porsche in at the garage!

Invite him to stay at your place in the country for a weekend - but fail to mention it's camping with your Girl Guide troop.

If you find you're in a draught, move at once don't complain about a stiff neck 'cos he might think you're making remarks about him (he won't have been listening to your conversation!).

Last of all ... the goodnight kiss - make sure you don't lean your elbow against the bell as you have a cuddle — dad in his pyjamas could frighten him off ... for good!

How many times have you watched Sting or Kate Bush belting out their hits and thought, 'I wish I could be them'. But if you were a star could you handle it, or would you crack under the pressure? Our quiz will find out if you'd handle the situation the way the genuine stars did, or if you'd do it differently!

Your first release has just flopped in Britain so you and the band are trying your luck in America. Your first gig you play a small town in backwoods America. You come out to face the audience and there are only five people there! Do you -

a) Laugh, and go home?

b) Give them their money back?

c) Go on stage and play?

effects. You finish your final number, wait for the effects, and nothing happens. Do you -

a) Improvise and just sing an encore? b) Apologise to the audience and explain what's happened?

c) Go berserk and attack everyone in sight, the monitor man, the special Then they explain the deal is you go away for four years and 'develop' your talents! Would you

a) Change record companies?

b) Use the money to learn all you can?

c) Use the money for a holiday?

You've been physically handi-5. capped since the age of six, now you're 31 and you still haven't made it as a rock 'n' roll hero.



You've made it big. You're the 2. biggest sex symbol since Marilyn Monroe. Music really has changed your life and just as your career is taking off someone digs out some old photos of you when you were 'taking off.' Taking off your clothes that is, when you were a broke actress. Do you -

a) Sue the publisher of your old

b) Ignore the whole incident? c) Say, 'Yes, that's me, so what!'?

You've been on tour for 3. several weeks and for the end of this concert you've planned a magnificent display of special





effects man, and even hit your own

You're only 14 and you know you've got what it takes to be a star. You decide to stop wasting and give you £3000 a year. Great you say, when do I start to record? *****

back-up band?

time and you try your luck with a record company. They sign you up

5. c. lan Dury, the unlikeliest of pop cash for music and dance lessons. aut pue sieak aut pasn aus os 'bunok 4, b. Kate Bush was told she was too everyone in sight, even the drummer! at the end of a Queen concert he hit much when the special effects failed 3. c. Freddie Mercury hated it so

Playboy Debbie kept her cool and



What's more they've all told you you can't even sing and it's a bit late for lessons! Do you -

a) Give up?

b) Get very depressed?

c) Ignore the fact that you're no pretty

You always wanted to be a o. singer, but didn't know how to go about it. After travelling the world as a model, hostess, dancer you come back to Britain and decide you've got to play. How do you get people to come and listen? Do you —

a) Pay for ads to go in the press?

b) Make your own posters, saying you're the greatest?

c) Try to persuade all your mates to come along and bring their friends?

********** sold she did some centre folds for 2. c. Debbie Harry used to be a Bunny

to play Roxanne' on the radio of the audience were DJs and went off on their first US tour. Lucky for them 3 I. c. The Police gave a concert to five

vou should have chosen:dan't. To be one of the show stoppers ther made the star choice or you no a un permoenies pere, you

YOUR STAR RATING

lyew tent that of mees got to be pretty crazy and they ev'uoy 1sts a ed of Isreneg nl Start at her concert and signed her. publicity. A record company man was nwo tel them sale or their edit 6. b. Hazel O'Connor knew she had finally got his first hit at 33, peroes, contracted polio at six and

PHOTO









SKIT!

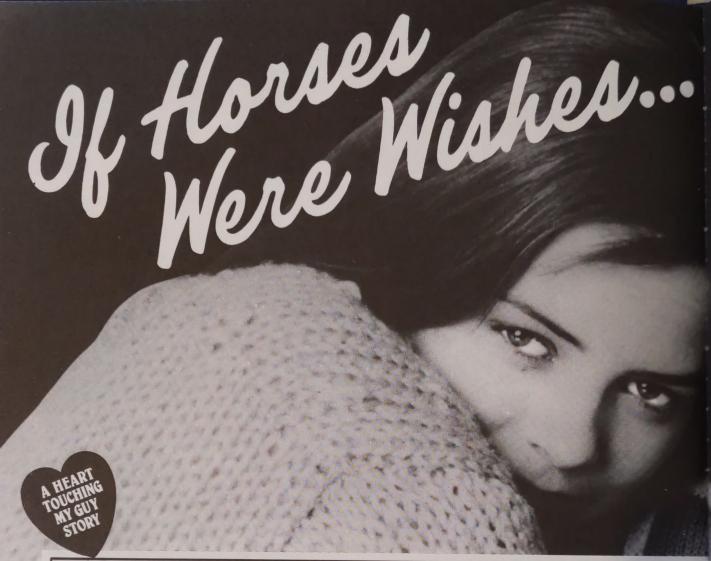


Our super story stars don't always shine! Take a look at this lot of photo failures and see if you agree with what we think the models should be saying!









was sitting on a wall at the Maybury Riding School, feeding sugar to Maybelle and pretending to enjoy it, while my sister's horse-mad friends enthusiastically mucked out, snaffled-up or whatever it is they do before their weekly lesson.

Katie was in bed with measles, and was so convinced that Maybelle would pine without her that I'd offered to cycle over with the mare's three weekly sugar-lumps. Maybelle didn't look as if she was pining, but then, she probably didn't have boyfriend trouble like I did. Or to be exact, lack-of-boyfriend trouble.

Idly I read the wall where some bright spark had once scribbled 'My kingdom for a horse, and started a tradition of horsey quotations. The latest one read: 'If wishes were horses, beggars would ride.

As far as I was concerned, there were more than enough horses round here already.

STARING

straggle of ramblers was clattering past on the other side of the wall, intense and hearty in big boots and haversacks. The boy bringing up the rear stood out from the rest, not only because he

was wearing jeans and sneakers, but because he was the answer to any girl's wish.

I stared at him, then blushed, because he was staring right back at me. Before my face had time to cool down, he was walking towards me. He put his hand tentatively on Maybelle's neck.

"Nice boy." He turned to me. "What's his name?"

I gulped, and tried to sound intelligent. "Maybelle. He's a she'.

"Oh, sorry. I don't know much about horses, I'm afraid.

We looked at each other a bit more, and started to laugh, both at the same time. It was mad, and beautiful.

"Well, now I've been introduced to the horse. What's your name?"

'Annette'.

"Annette. That's nice. I'm Tim. I say ...

A shout interrupted him, and a hefty girl lolloped across and grabbed his sleeve.

"Come ON, you'll get left be-hind," she puffed. "We're leaving the road just round the corner.

Tim didn't look as if the prospect depressed him, and I thought he was going to resist the tugging arm and stay with me, but as luck would have it, Betty Maybury, the owner of the stables, called out to me from the saddle of May King - all her horses are appropriately named.

"Annette dear! Here a minute!" She only wanted to find out how Katie was, but by the time I'd reassured her that the rash was disappearing already, Tim was turning the corner in the clutches of the girl hiker. As I watched, he looked back, waved, and vanished.

I could have wept. What was the use of having a horse-wish come true in the shape of a boy called Tim, if his name was all I was ever likely to know about him?

Then I had an idea.

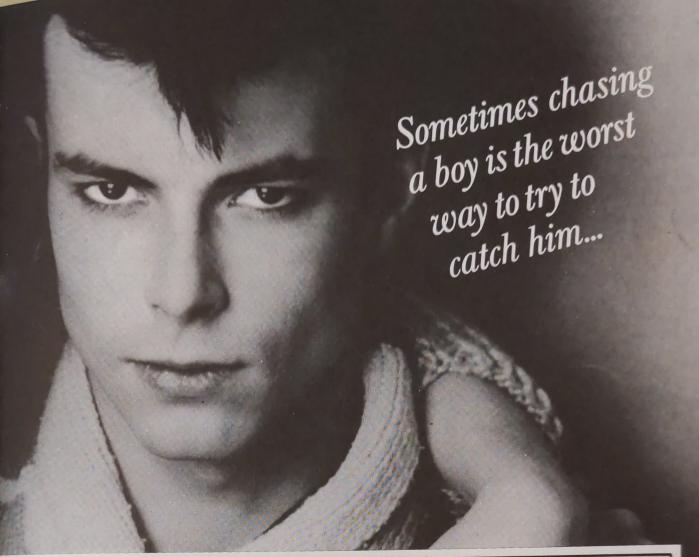
"Miss Maybury. Do you know what group that was just now - the hikers?'

'Well, no, dear - oh, yes of course. Mr. Westell was with them, wasn't he? That would be the Hill End Natural History Ramblers. Hill End is quite near your part of town. isn't it?

It was. What's more, I knew where their membership secretary lived.

NATURE

So I went and joined. Not that I'm much keener on nature study than I am on horses, but a girl's got to help



her wishes on a bit, hasn't she?

On Saturday, I borrowed my brother's climbing boots and met the earnest bug-hunters. Tim wasn't there. I made a few discreet enquiries, but nobody seemed to know a

member called Tim.
"It's a big club;" one girl said cheerfully. "And we don't all come every week. I wasn't here myself last

Saturday:

Next week there was still no sign of him, but about three miles out from the town I caught sight of the lumpy girl who'd dragged him away from me. Resisting the urge to trample on her feet with my brother's boots, I asked about Tim.

'Who?" she said blankly. I tried

"Oh, him! I remember now. He's not a member — didn't know a pistil from a stamen; she said scornfully. "He just asked the way to somewhere or other, and we were going in that direction, so we told him to tag along. Funny chap. Seemed quite good company at first, but he turned really grumpy later on. Wasn't a bit grateful to me for showing him the way!

I nearly packed up and went home there and then, but I thought I might as well stick it out for the afternoon. We ploughed through a boggy patch

and stumbled into a wood. Up ahead, there were warning shouts, and the leaders pressed themwelves into the undergrowth. I prepared to face the charge of an angry rabbit, but it was only Betty Maybury's class making its sedate way along the bridle path.

GRIN

Why we were all crouched down hiding in the bushes I do not know but there I was, ferns tickling my nose and twigs digging into me.

For the third time in ten minutes I gave a deep sigh. 'You must be mad', I told myself, 'chasing around in the woods after a fella you've only ever seen once. You might not even remember what he looks like!

But I'm pleased to say that I did, because suddenly a long line of

horses came into view.

It didn't cross my mind that he'd be amongst them, but there I was looking straight at him.

Right at the end, riding Mayfair and looking none too happy about it, was Tim. Betty was hanging on to his bridle and lecturing him all the way.

As they reached me, I heard her whinnying plaintively, " But I thought you said you could ride?"

He didn't answer, because he had just caught sight of me, gaping up at him like an idiot. He gaped back.

Then he pressed Mayfair's reins into Betty's hand, said "You're quite right. I can't ride, and I don't think I really want to. But thank you

Before she could protest, he had slithered off Mayfair, and pelted up to where I was standing

"Where've you BEEN?" he de-

manded.

I felt an enormous grin spreading all over my face. I was beginning to see the light. "Looking for you. With

the Natural History Ramblers."
"But I joined the Riding School to look for you. Had an awful job to talk myself into the Saturday class. Only got in because some kid had measles. Had to say I was an experienced rider — and I can't stand horses.

'Neither can I. It was my sister who had measles. I'd only come to

tell Betty about it.

watched the riding school and the rambling society disappear down the

bridle path. "I'm not too fond of natural history, either," I said.
"Nor me," lauched Tim. "I knew we had lots in common. I tell you what." He gave me a hug and tucked my arm firmly in his. "Shall we go somewhere nice and quiet and write our letters of resignation together'

'Superman' star (11, 5)

Late politician who led us through World War II, Sir Churchill (7)

11. Policeman (4, 7)

13. 20's heart-throb film star, famous for his Latin looks (9)

16. Old hit for Wings (3, 2, 2)

🕼 Singing American sisters (6, 6)

22. Three piece disco band (7)

24. Muppet drummer (6)

25. Rick Parfitt and friends form this long-running, heavy band (6, 3)

27. A Saintly actor (3)

31. Opposite of 'unnatural', (7)

32. Thursday wouldn't be the same without this BBC weekly pop show (3, 2, 3, 4)

36. John Lennon's widow (3)

37. Diana starred in 'The Wiz' (4)

38. More than once (5)

廷. He sang 'More Than I Can Say' (3, 5)

40. Clash member (3)

After Saturday (6)

43. The first name of the singer/actor who was Paul Simon's partner many years ago (3)

4. TV series about wealthy Texas oil family (6)

48. He wrote the music for 'The Long Riders' and made the LP 'Borderline' (2, 6)

50. Thin Lizzy leader (4, 6)

52. TV series about radio private ear (10)

52. Four Swedes (4)

54. Emu's partner (3)

56. Their first hit was 'Video Killed The Radio Star' then they joined Yes (7)

57. Short letter (4)

58. 'To With Love' a film set in the classroom with Sydney Poitier as the teacher (3)

59. Not hers (3)

62. High voiced female singer with enviable figure

Short for 'traditional' (4)

Coronation (6)

65. Garden tool (3)

70. American TV comedy series starring scatty Valerie Harper (5)

71. The Rolling (6) 72. Famous comic paper (5)

73. Short for 'Valerie' (3)

75. Jam leader (2 inits)

76. Someone who doesn't tell the truth (4)

77. Roxy Music leader (5)

80. He plays the Incredible Hulk (3, 8)

82. Blind American musical genius (6, 6) 86. See 74 Down

87. Holiday town in Isle of Wight (7)

- 1. Farrah Fawcett was made famous in this TV series (8, 6)
- Blond spiky haired singer who likes football (3, 7)
- 3. The Muppets originated on this Street (6)
- Donny, Alan, Jay etc.'s surname (6)
- 5. are red, violets are blue' (5) 6 Presley or Costello (5)
- 7. Trevor alias Shoestring (3)
- Star of TV's 'Minder' (8)
- 9. Dennis Weaver's TV series (5)
- 10. Negative (2)
- 12. Stewpot (2)
- 14. He used to be a Bay City Roller (3)
- 15. TV series about nurses (6)
- 18. Radio One DJ (2 inits)
- 19. Garrett, young American singer/actor (4)
- 20 Bob Geldof's mob (8, 4) 21. Garfunkel's ex-other half (2 inits)
- 23. Ian Dury's record label (5)
- 26. Hutch's partner (7)
- Solid water (3) 'Star Trek's' half-Vulcan (5) 28.
- Short for 'Anthony' (4) 30. Annie Lennox and friends (8)
- 38. She starred in 'Breaking Glass' (5, 7)
- 34. Outlandos three-piece band (6)
- 35. Arrogant (5)
 - Ronnie Corbett's large partner (6, 6)
- Singing brothers with lead voice Michael (8)
- **42.** 'Winner Takes' (3)
- 45. Mr Stardust from 'Oh Boy' (5)
- 46. Film starring the Carradines and Keaches (4, 6)
- 47. Bee Gees' kid brother (4, 4)
- 49. Johnny, ex-Pistol (6)
- 50. Children's TV prog (10)
- 51. Life in an American mobile surgical unit (4)
- 56. BBC's favourite Time Lord (6, 3)
- You play table tennis with this (3)
- 60. As opposed to out of (4)
- 61. Blond Policeman (5)
- 63. Blondie's Debbie (5)
- 64. 'Urban Cowboy' star (8)
- 67. Shakin' (7)
- 68. Heavy metal band Iron (6)
- 69. Chief Rat (3)
- 72. Courageous (5)
- 74. and 86 Across. TV series about life on an American newspaper (3, 5)
- TV Tarzan (3)
- Earth and Fire (4)
- The Avengers (3)
- Wizard of (2) Star of 'Silver Dream Racer' (2 inits)
- 85. A Bee Gee (2 inits)

CROSSWORD!

Here it is, just the thing to while away the odd week or two! Before you start, we'd better warn you, it could make you cross and nasty. And for cheats, failures, and smarty-pants who just want to check, the answers are on page 110!



WAYS TO MAKE YOUR MARK!

We aim to make you a hit with that fella — so settle down to our hot shot tips to get you noticed!

- Find out which football team your target follows and always dress in the appropriate colours. (Make sure you ask him if he'd like to see your strip!)
- **2.** Cancel that idea if he's mad about the "Canaries" yellow and green does nothing for the complexion.
- Take Gran's budgie along on disco trips. (Tell him you want to see if it's true that he can charm the birds!)
- A Slap on a facepack then surprise him as he stumbles home from rugby training he'll be too worn out to run away. If he faints you can try out the kiss of life!
- Overpower him with a really strong perfume then use the same pick up that you tried in number 4.
- **6.** Forget the perfume start using his brand of aftershave. He'll be so shocked he'll just have to talk to you!
- Wear his photograph pinned on your T-shirt — right underneath that 'Wanted' sign!
- Spill your drink over his new white trousers. (Remember to consume that Ribena in pints!)
- Make sure he spills his drink over you he'll still be apologising as he walks you home.
- Throw a party and ask everyone but him that way he'll have to ask why you left him out.
- Throw a party and invite only him he wouldn't dare upset you by asking why the other guests didn't show up!
- 12. Ask him where you can buy your brother a Bull-worker say you thought with muscles like his he'd know.
- 13. Drag a Bullworker down to the disco and ask him if he could help you tear off the wrapper.



- **14.** Get a bit of mistletoe tangled in your hair then grab him as he goes to pick it out. (Change the mistletoe regularly by June it could become a little limp!)
- 15. Even better if he pulls your locks in the attempt you've got every excuse to ask him to "kiss it better"!
- **16.** Have his name tattooed on your wrist he'll be too flattered to notice that it's a transfer!
- Write off to Jim'll Fix It to fix up a date at least you'll get to meet the guy when they record the programme!
- **18.** Announce your engagement in the local press and send Dad along to congratulate him!

- 19. Send him a massive bunch of flowers and hide amongst them!
- Put the word round that you've had a lot of money from Ernie he's not to know that's only your brother's mate who's paid you back a fiver!
- 21. Send him a Valentine for every day of the year.
- 22. Send him a threatening note say you'll kill him if he doesn't notice you soon.
- 23. Get to know his Girl Guide sister and suggest setting up a camp at her house.
- **24.** Follow him everywhere, as long as it doesn't get you arrested!
- 25. Try out the top in the pic fellas are daft enough to fall for things like that!

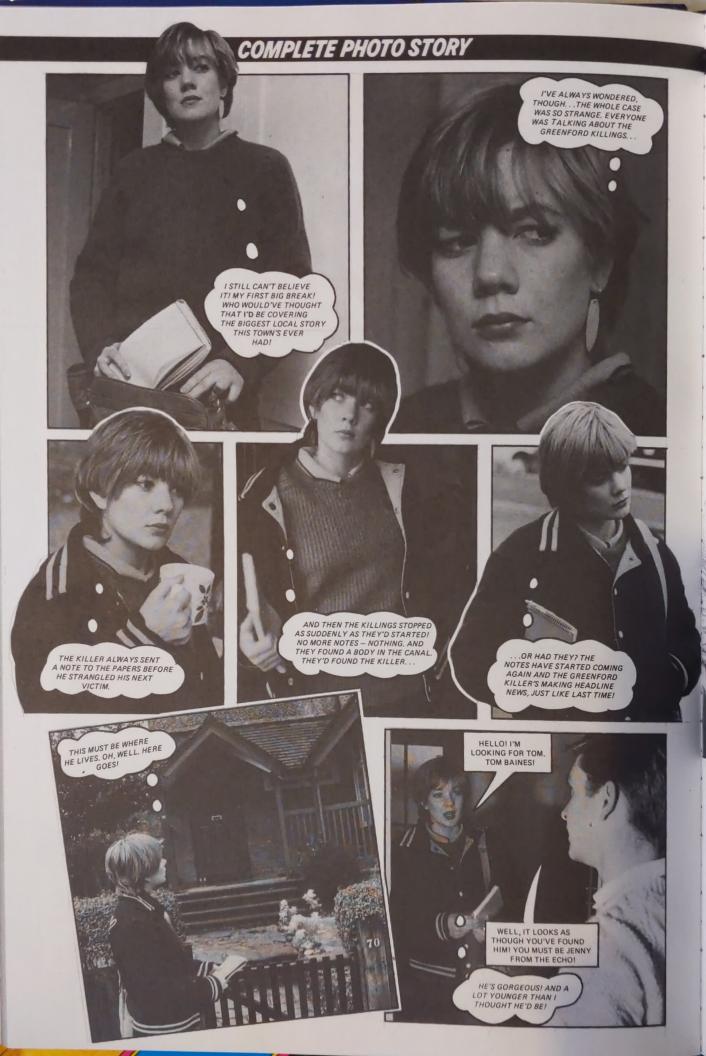
COMPLETE COMPLETE

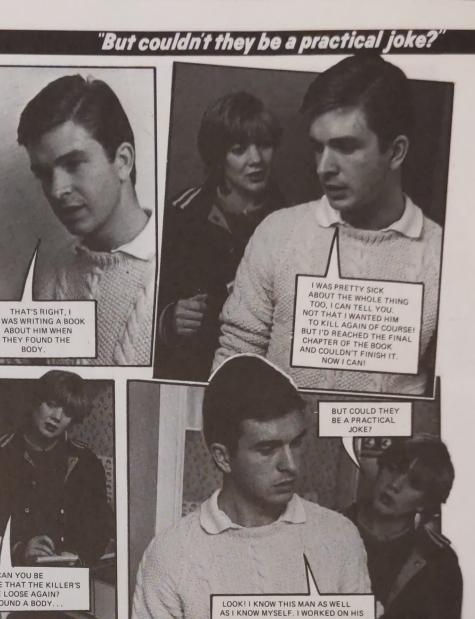
LOVE FLOURISHED WHERE A KILLER LURKEDI

The final ter

Loople with killing on their minds!

Good grew from 6





HOW CAN YOU BE SO SURE THAT THE KILLER'S ON THE LOOSE AGAIN? THEY FOUND A BODY...

BECAUSE HE'S STARTED SENDING PAPER AGAIN!

LOOK! I KNOW THIS MAN AS WELL
AS I KNOW MYSELF. I WORKED ON HIS
STORY FOR A YEAR AS A REPORTER
AND I KNOW EXACTLY HOW HIS MIND
WORKS. HE WOULDN'T HAVE STAYED
IN GREENFORD — HE WOULD HAVE
GONE AWAY SOMEWHERE UNTIL
THINKS DIED DOWN THINGS DIED DOWN

> WAITING UNTIL THE TIME WAS RIGHT TO STRIKE AGAIN! WELL, IF THAT'S THE CASE, WHY HASN'T HE POUNCED AGAIN? HE'S ALREADY WRITTEN TWO LETTERS

THAT'S EXACTLY MY POINT! HE'S FOLLOWING THE SAME PATTERN AS BEFORE, HE ALWAYS WROTE TWO LETTERS AND KILLED
AFTER THE THIRD!

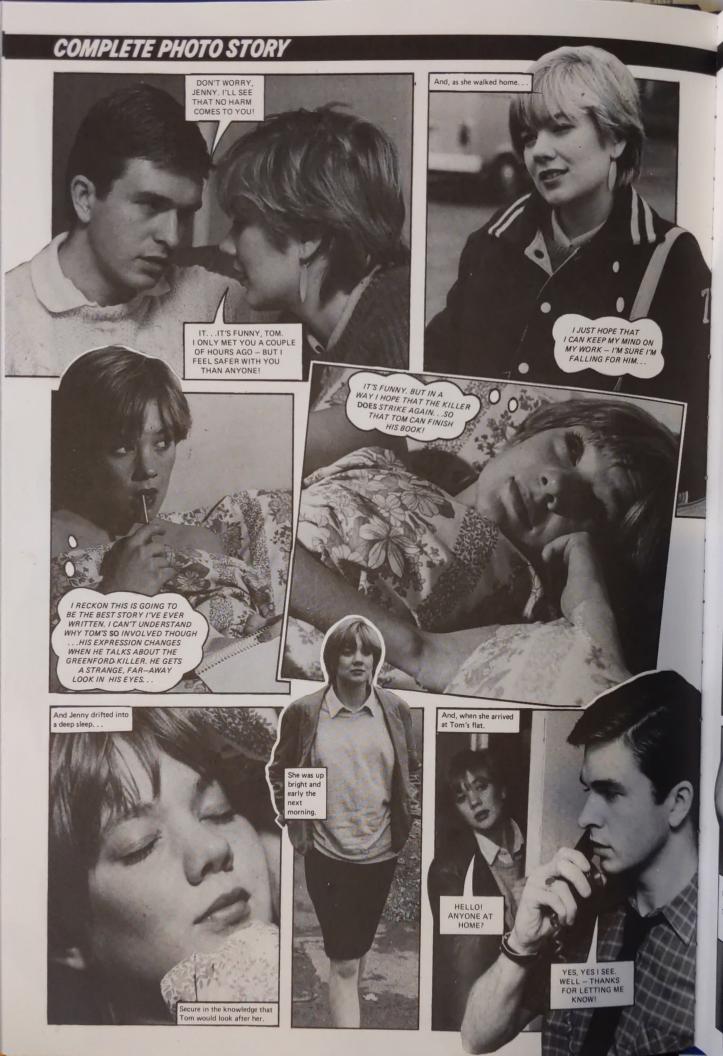
M. . . MY EDITOR SENT ME HERE TO INTERVIEW YOU. HE SAYS YOU KNOW MORE ABOUT THE GREENFORD
KILLER THAN ANYONE

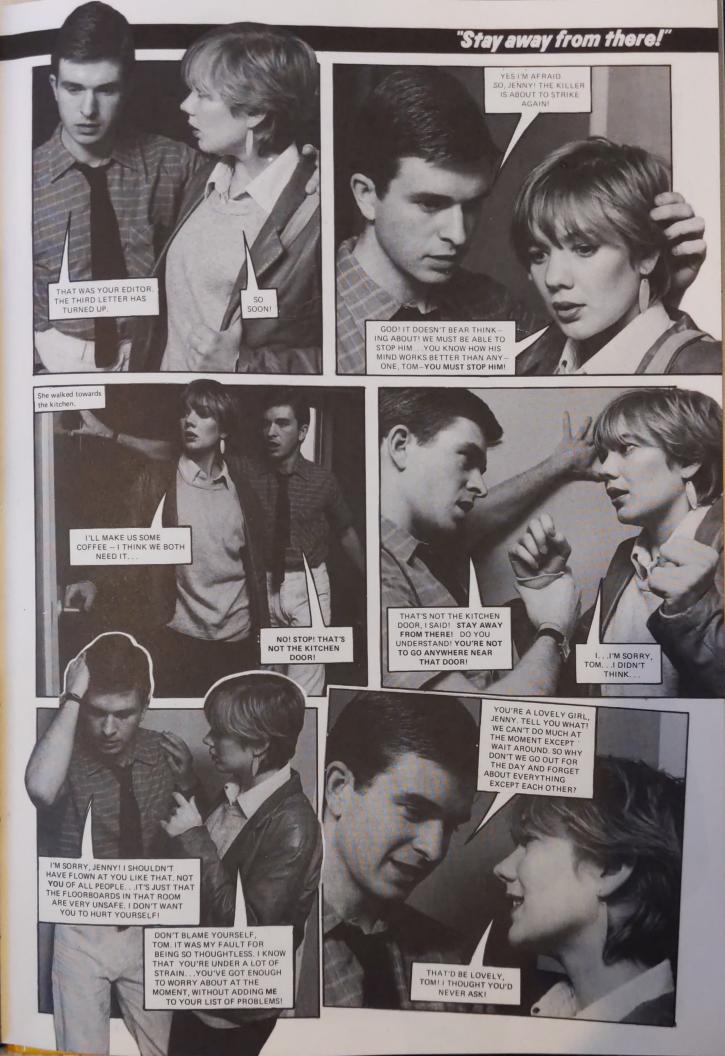
SO, WE WAIT FOR THE THIRD LETTER

ARE COPIES OF THE LETTERS HE SENT BEFORE. I'M SURE HE'S ALIVE, THE BODY WAS NEVER POSITIVELY IDENTIFIED. YOU KNOW!

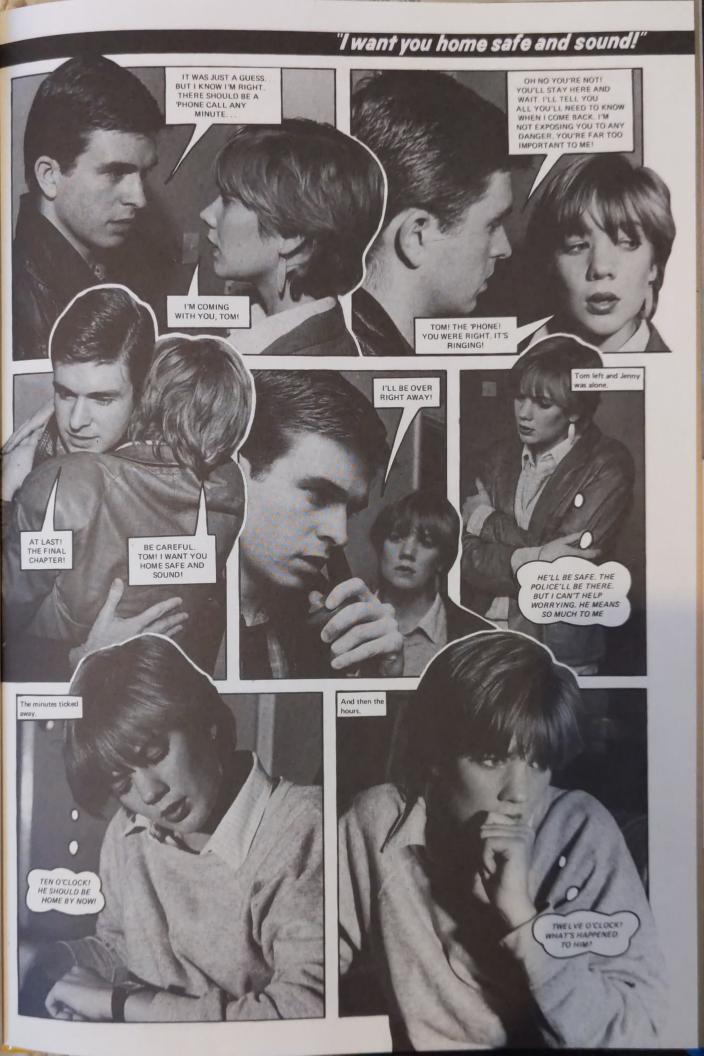
THAT'S RIGHT! THESE

IT SENDS SHIVERS DOWN MY SPINE JUST READING THESE!



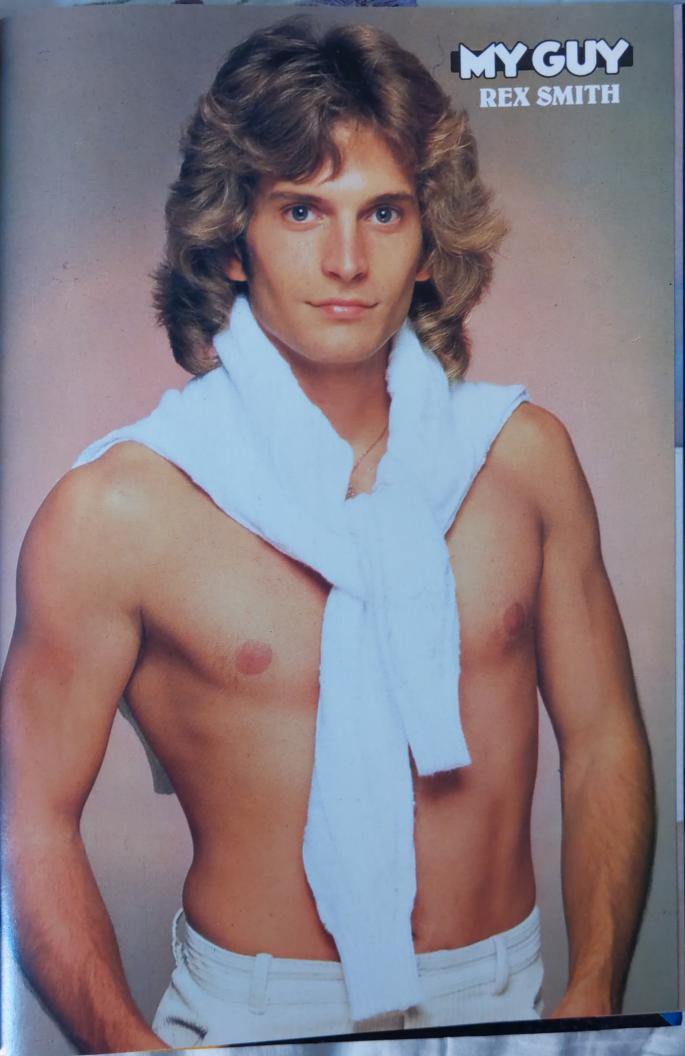






COMPLETE PHOTO STORY









CAN YOU PASS THE ...

SCREEN TEST?

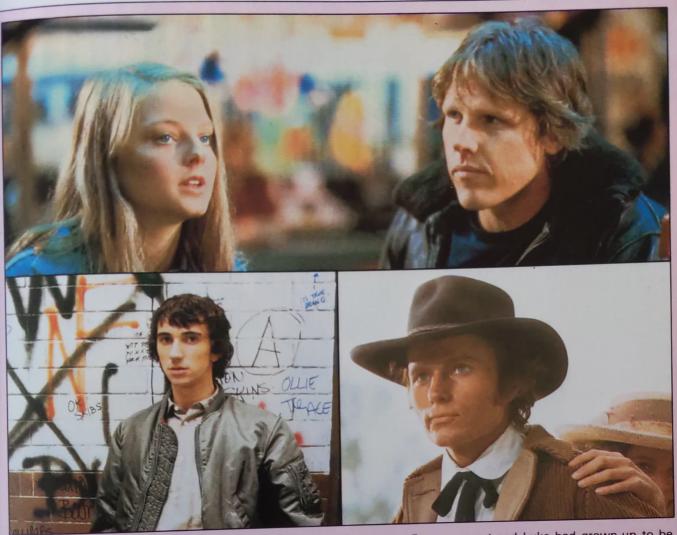
When you're blinking back the tears do you still manage to read the credits? Or are your heroes names engraved on your heart? Here's your chance to find out if you're a movie buff. Once you've named the star see if you can get the film too! Tip, there are no females in this film quiz — well who's watching them?

- He's a super hero who swept us off our feet ... this caped crusader had us hooked and who says men don't look good in tights?
- 2. Even with Hot Gossip and Village People the Montreal decathlon winner couldn't stop this film dying on its feet.
- 3. The hard man turned soft. From spaghetti Westerns to kid stuff but we'll always be willing to be his little partner! That is, if he'll have us of course!
- 4. They said he'd had it, but this super star can still dance the pants off the critics. From Brooklyn to Texas is a long haul but he made it.
- 5. Actor or singer? He's both and in black leather racing a silver dream he looked a winner!
- 6. With Olivia singing her heart out with E.L.O. this film was destined to be a smash. But for us a blond male stole the show!
- 7. When he rides that bike he's not

kidding. The stunts are for real, and his first film was a cliffhanger.

- 8. Get your hair cut! And who's the guy who did just that and became the crook who got his story told!
- 9. Two of the most beautiful bodies made a film together and it started rumours. Farrah was one of the team and acting with a guy who's posed for *Playgirl* is it any wonder the gossips got gabbing!
- 10. He was the tough cookie in Scum





and Quadrophenia, but in this film he managed a band and still he was mean!

- 11. This little dude scored ten out of ten in America, while back in England we still thought he was a dud!
- 12. Butter wouldn't melt in Jodie Foster's mouth. But who's the guy with her who found out she's not all sweetness and honey?
- 13. Following in father's footsteps wasn't his style. Athletics came first

but Hollywood still got him. Fancy him in the mixed doubles?

- 14. Those blue eyes make Paul Newman's look like marbles! He's cool, rugged and with a violent disposition. Or is it just his name that's mean? Ask Annie!
- 15. He looks good in anything, but a suit of lightbulbs was very flash even for this cowboy!
- 16. After Star Wars this was their comeback. The Princess wasn't so

regal and Luke had grown-up to be quite a stunner, but once again it was the older man, Han Solo, who stole the show.

- 17. He'd been such a good boy on the farm but John-Boy wanted to be a war hero.
- 18. He's not John Travolta, but he did star in Grease. He played a ladies man who got framed in this X-rated movie. But with his looks who's going to play fair? We'd say it's a case of each for his own!

Gigolo.

18. Richard Gere in American The Western Front.

17. Richard Thomas in All Quiet On Strikes Back.

16. Harrison Ford in The Empire Horseman.

15. Robert Redford in The Electric Little Britches.

13. Dean-Paul Martin in Players. 12. Gary Busey in Carney.

11. Dudley Moore in 10. 10. Phil Daniels in Breaking Glass.

Trophy. 9. Burt Reynolds in The Cannonball

8. Roger Daltrey in McVicar.

7. Eddie Kidd in Heavy Metal.

6. Michael Beck in Xanadu.

5. David Essex in Silver Dream 4. John Travolta in Urban Cowboy. 3. Clint Eastwood in Bronco Billy. Music

2. Bruce Jenner in Can't Stop The 1. Christopher Reeves in Superman. and film title you knew.

Give yourself one point for each star

ANSWERS

GOT YOU REELING!

0-12: You're not exactly an addict are you? Maybe you love the movies, but you just wait ten years 'till they're on the box? Ever fancied a job as an usherette?

13-24: You're selective. If your hunk of the month is on at the Roxy you'll be there. Let your fella choose a few films and you'll soon know 'em all.

25-36: Take 10 out of 10! You can't get enough of the Silver Screen and it shows. Bet you even know the theme tunes!

JULIE'S HATED HALF

Every week our own fair Julie has to smile enviously as she reads about those gorgeous showbiz females dating hunks, starring in their own TV specials or zooming up the charts to number one. It's not surprising the gal goes green occasionally. "What have they got that I haven't got?" she asks us desperately. So to keep her quiet for an hour or two, we've got her to let off steam about the ladies she likes least. And if it sounds to you like pure, unadulterated envy ... you're right!



Och Isla!

With the smell of highland heather in the air and the sound of bagpipes blasting away in the background (or was that Larry Grayson?), it can only be Isla St. Clair, can't it! She must be the worst thing that's happened to North o' the Border since the Loch Ness Monster! Mums and Dads love her but if your fella fancies her too, give him the Mcpush!



A Southern Gayle!

"Hi there, you all! No, ah ain't an extra from *Dallas*. Ah'm that cutesy Country and Western singer the cowboys all swoon over!" Yup, Crystal Gayle seems to have disproved the

theory that all Southern belles have got to have a 56 inch bust, a Barbie doll hairstyle and at least five D.I.V.O.R.C.E.S. behind 'em! The gal looks good and I hate her!



Abba Cadabra!

I was never fond of swedes as a child. P'raps that's why I've never gone a bundle on this warbling pair, I mean, when you take away the tight lurex flying suits (and let's face it, even / look better in a lurex flying suit than Agnetha) and the dumb Euro-lyrics ("I'll cross a stream, I have a dream"), what's left, eh? Yeah, I know, nine trillion billion dollars and a record in every chart around the world! (... wonder if / could enter the Eurovision Song Contest as an Agnetha look alike?)

DOZEN!



Macca's Missus!

Paulie must be fond of her, I suppose! And it seems like the ideal partnership. He brings out the hits and she promises not to sing on 'em if he lets her shake a tambourine or two on *Top of the Pops* and take the family snapshots. But then she's got *him* and that can't be bad, can it!



Ray's a Laugh!

Rita Ray, the Darts doll, may be wearing her Princess Anne disguise but she doesn't fool me! After all, it isn't Princess Anne who keeps churning out all those regurgitated oldies year after year after year (... or is it?) Nope, the girl with the foghorn voice is the culprit ... along with her ageing Teddy boy backing group! Never mind, Rita, there are still thousands of wonderful oldies out there you have still to slaughter!



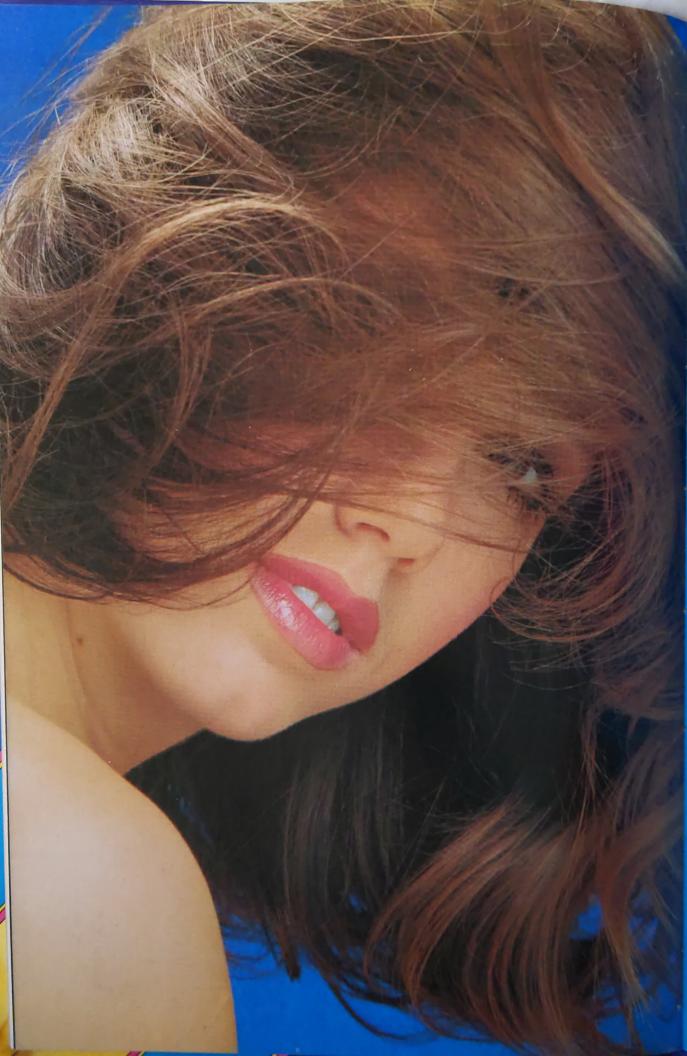
Bizarre Bazaar!

Who was *she* with in the moonlight? From this pic, it looks like Thereze of Dollar has had quite an evening! What would her dinky half-dollar David say, I wonder? Judging by the bottle blonde hair and the extra

curve or two, I reckon I could easily take her place and croon to David Van Dish whenever she needs an understudy (perhaps when she has her roots done). What do you say, David darling?







BEAUTY FROM WITHIN ... Diet is the first most important factor for healthy hair. You ARE what you eat likewise your hair! So if you're constantly stuffing yourself with junk foods, it stands to reason that your hair will be dull, unmanage able and probably lifeless!

Hair needs protein, fruit, vegetables in order for it to look good. Vitamin B is another good source (found in foods like liver, broccoli and mushrooms) for added shine and gloss, as well as plenty of exercise,

sleep and fresh air!

GOOD SHAMPOOING...

Keep hair clean. Wash it before it needs washing and that way it'll always look good!

Always choose the correct shampoo formula for your particular hair type -there are plenty on the market, so shop around until you find one that suits

Never wash hair in very hot water and when drying, blot dry with a warm towel, never ever rub

vigorously.
If you blow-dry hair, have the setting on warm, leaving the hair to 'cool' before brushing out.

Over use of heated hair rollers, hot combs and brushes, can do much to damage hair, so try not to use too often.

If you must use heated rollers wrap a paper tissue around the roller, before setting. This will protect hair from heat and will save you a lot of untangling when taking rollers out!

CUT IT OUT ... Trim hair every six weeks to get rid of split ends. Think of it like this. A six inch strand of hair is about a year old at its end and has been through about 52 shampoos, and roughly 2,000 combings! That's why a regular trim is essential to keep hair in good shape and condition!

DRIED OUT ..

Dry hair (which is usually dull and flyaway) means a poor oil supply from the scalp coupled with lack of moisture. This can be due to

All You Need

A head of healthy, shiny hair is a girl's most beautiful asset. But it takes good treatment to get it that way. Follow our rules and you'll be top of the class.



over-use and mis-use of harsh shampoos, colouring, perming and straightening lotions, as well as too much sun, salt or chlorinated water left in hair after swimming and over-use of hot rollers/dryers and

How To Cope: Shampoo hair only once a week using a product designed for this problem, and condition after every washing. Use only pure bristle brushes when brushing your hair. A vigorous morning or evening scalp massage using the pads of your

> stimulate sluggish oil glands. If hair is very brittle you may be lacking protein in your diet, try eating more fresh meat, and lots of eggs/cheese.

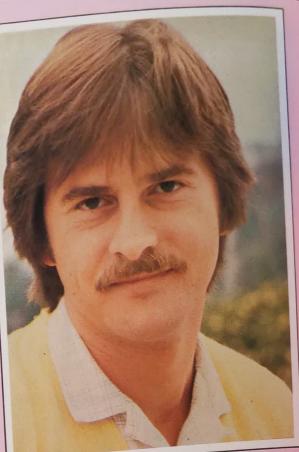
fingers (NOT nails!)

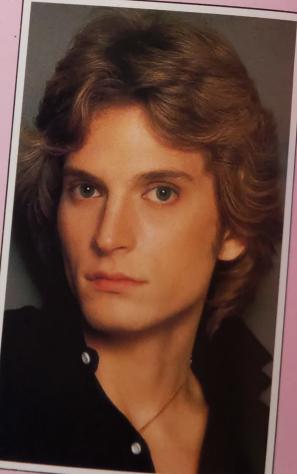
will also help

GREASY HAIR Oily hair (usually with dandruff) is the result of over active sebaceous glands. Sometimes the condition is hereditary. How To Cope: Use a shampoo especially for greasy locks and wash hair the minute you think it's looking limpy and lousy! Lather up with warm, not hot water, and finish off with a cold rinse.

Tips for oily hair; Brush hair as little as possible, instead use a wide toothed comb when styling. If you blow dry your hair set dryer on warm and finish with cool air. Have your hair in a simple style so that looking after it is as easy as possible. Between shampoos, wipe scalp with cotton wool soaked in Witch Hazel, this helps get rid of that scratchy feeling! Cut out fizzy drink and carbohydrates.







YOUR PERFEC'

We're famous for our fabulous full-colour fellas week after week. But who's your perfect pin up ... and what does it reveal about you? Three of your favourite fellas are taking part in a fascinating feature, specially designed to find our more about the guys you go for ... and why!

Must your ideal guy have— (choose five only)

- A. Cute, cuddly charm?
- B. An athletic build?
- B. Good manners and a great smile?
- A. Boy next door appeal?
- C. A way with the ladies?
- A. The kind of looks you want to look after?
- B. Perfect, almost sculptured features?
- C. Average looks, above average charm?
- A. A cheeky sense of humour?
- B. The fantasy face you dream about?
- B. A dynamic, vivacious personality?
- A certain style no other guy's got?
- C. The body of a god?
- A. A shy, unassuming manner?
- C. A cute helplessness?

Is your ideal guy's idea of a good time (choose five only)

- C. Taking you to the best restaurant in
- A. Chips out of newspaper together?

- B. Cooking you a barbecue?
- A. Doing nothing together?
- A. Having a go on the swings with
- C. Sharing the ditty at dawn?
- B. Running along a deserted beach together?
- B. Staring into your eyes?
- A. Being in love?
- C. Holding you for ever?
- Showing you off to all his friends?
- B. Driving all night to somewhere dramatic?
- A. A soppy film and your hand in his?
- B. Telling you he loves you?
- C. Knowing you love him?

Your ideal guy mustn't be — (choose five only)

- A. Bad-tempered?
- C. Irrational?
- A. Childish?
- B. Self-doubting?
- A. Vague?
- B. Jealous?
- B. In need of perfection?

- C. Insecure?
- A. Dissatisfied with his lot?
- C. Vain?
- B. Critical?
- C. Distrustful?
- A. Easily depressed?
- C. Silent and moody?
- B. Changeable?

Do you think your ideal guy's ideal girl

- (choose five only)
- B. Super-fit and very sporty?
- B. Adventurous and exciting? A. Daft — when the mood takes her?
- C. A tasteful stylish dresser? A. Bouncy, fun and a good laugh?
- A. Reliable and sensible?
- C. Understanding and gentle?
- B. Stunning in a tiny bikini?
- A. Happier in jeans than a dress?
- C. Clever but quiet about it?
- B. More of a listener than a talker? A. Pretty rather than beautiful?
- C. Breathtaking to look at?
- B. Selfish about herself?
- C. Silent and thoughtful?

If you chose mostly A's, it sounds like tasty Trevor Eve is your ideal guy! Seems you go for the boy-next-door image and Trev certainly fits the bill. He's got a cute, almost childish appeal . and that says a lot about you. You like the idea of settling down with a guy you can care for, a guy who'll appreciate your talents. But don't do yourself down.

There's more to life than simply being someone else's other half. You mustn't underestimate yourself. Still, you have a practical, sensible nature so you'll think out every move before you risk anything. The sort of guy you go for will appreciate you for that. And if you can find one even half as hunky as super Shoestring here, you'll have caught yourself a corker!

If you chose mostly B's, Rex Smith, the Californian Casanova, is the guy for you! And who can blame you. Those fabulous good looks could melt the heart of any girl. But don't go for good looks alone. Rex sure is a stunner but he knows only too well that the girls who date him just 'cos he's so hunky are bound to be disappointed.

There's more to him than that. There's more to any hunk than that! Don't spend your life searching for that super-hunk. Firstly, he probably doesn't exist and secondly, you can't judge a book by its cover. Besides, you're obviously an active, adventurous type, happy to play the field till the right guy comes along. And when he does, you'll know it. As long as he's with you, nothing else will matter. And if it's sexy Rexy ... wow!

If you chose mostly C's' bag big beautiful Bryan Ferry 'cos he's your kind of guy! The lad's certainly got style ... but the question is can you keep up with it?

To hang from the arm of a fella like Ferry, you're going to have to spend 25 hours of every day worrying about how you look and not only is that a strain — it's expensive!

And as Bryan has said himself, the gorgeous gals may go for him but he prefers birds with brains! Don't be so bothered by appearances.

So your ideal guy wines and dines you at the best joint in town? You'd probably be as happy if it was just you, him, a comfy sofa and the curtains

Bryan's bound to be every girl's ideal (he's certainly ours) but if guys like him are part of your scene, you'll have to cope with the continuous pressure of looking good. And think about it seriously — is it that important? Anies — He's the St. George type — brave and fourtest against the fee. The best way to wangle a bit of attention is to appear as a damed in distress (either that or hire a dragen costumed) He's the type to offer to well, you know so start timing how to miss the bad Ottonvise you could confide how your ext keaps plaguing you — he's just the type to take up your right.

HOW TO TRAP YOUR ZODIAC CHAP!

LIBRA — It's hard work hooking this hunk, you've got to be one step sheed all the time cos he's constantly looking out for a change, if you've got the energy it could be a change. If you've got the energy it could be

TAURUS — Your typical Taurean won't be rushed into a relationship, he likes to chew things over—libraelly I and that's the way to get him, with a few body blow-outs to the stomach. He loves his food — and the woman who cooks lit Try offering him your sandwiches at lunch. He won't refuse a nibble any time. But don't be put off if it takes a bit of time for him to get the message — your just for him to get the message — your just desserts are worth waiting for!

Is your future fella written in the stars Get a hint on how to get him from our

quide!

SCORPIO - He wants all or nothing from a girl and that's what should make him quite just what you think! Be offhand or friendly as you're in the mood, just don't let him see you're keen. Eventually he'll be forced to ask you out just to find out what you really mean. But of course you're still much too cunning to let him know and he'll need to line up a list of dates!

GEMINI — These fellas go for carbon copies of themselves (forget it if he sports a beard and moustachell it's no good trying to shock him into noticing you. - you've got to build up the image gradually. Take a cue from his clothes and the mates he goes round with. When you've got him to notice you — you're half way there, 'cos he really does love himself!

CANCER - He's a master of disguise 'cos CANCER — He's a master of disguise 'coshe dosan's want people to know what he's
really like. Try to organise him into amateur
dramatics — then the stage will be set for
your starring role! He's a pretty slow mover
so you'll have to make all the running at first,
but whatever you do he mustn't know it—
just make him think that he's really special
to you, and that you'd never let him down.
That should give him the confidence to drop
the big defence!

LEO — He's the typical showman type who looks upon life as a circus with him at the centre of the ring! You've got to oppose that bossy streak if you want to trap this lion and tame him! But never do it in public. In front of others play along with the idea that he is great, but as soon as the audience has gone make a few meaty remarks about how you really don't find him that much fun — his ego won't be able to resist the bait!

SAGITTARIUS — This type is terribly inquisitive and absolutely in awe of anyone who seems to know more than them. Now, who seems to know more than them. Now, you could take a crash course with the encyclopaedia or put your brain to even better usel Read up on one of his favourite subjects (football, boating or tennis) and slip a few tit-bits into your chat — you'll be amazed at the results — he'll be positively begging to carry your books!

CAPRICORN — This guy's a workaholic so when he takes time off he likes excitement when he takes time off he likes excitement — and that means you. Don't be afraid to show your feelings here if you like the look of him — move in for a snaffle. But careful that you don't appear too clinging, let him see that you're still in demand with other fellas — he's the one star sign who enjoys competition. But unless you do — keep him away from your mates!

AQUARIUS — He's very cool and calculating so don't hope to stun him with good looks. But like all fellas who think that they're in charge — he's very susceptible to flattery. Although you'd never let on to him that you know! Even little compliments about his appearance can work a treat! But don't expect a nice remark in return — if you get one it means that he's on to you. So then you start to rave about how well he can read another person's mind!

quite a prude and whatever you do, don't be one of the lads' to try to lure him! In fact he likes his ladies sweet and delicate, so that's the way to play it. But don't go overboard, he won't respond well to the weepies as a way to win attention. Try carrying a half-done crossword in your handbag and ask his help with the difficult bits — he's not proud of his

walless a girl who are the approval of his and that means getting the approval of his mates first. But once you've got it the flirting has to end — he won't like any fellas

Who's your fave dance band? The Specials, Madness or The Beat? Or aren't you sure 'cos you're always mixing them up? Stop putting your foot in it and sort out the guys with the rhythm 'n' fast moving shoes!



IT'S SHEER MADNESS!

Home town: London.

Madness men: Suggs, vocals; Mike Barson, keyboards; Chris Foreman, guitar; Lee Thompson, sax; Woods, drums; Mark Bedford, bass; Chas Smith, compere.

Met up: In 1976 in Lee's front room.

North First hit: The Prince. Fans of: Bluebeat, dancing

and pork-pie hats.

Quirks: The only band with its own nutty compere!

Pet hate: Small venues. "We play dance music but there's never enough space for the audience to dance!" Comment: "We're the nutty sound!"



MEET THE BEAT!

Home town: Various. guitarist; Everett Martin,

bassist, and Saxa.

Met up: In 1979 while working in a mental hospital. First hit: Tears Of A Clown. Fans of: The Beatles.

Quirks: Dave plays guitar Beat men: David Wakeling, upside down (no-one ever told him!).

drummer; Andy Cox, **Pet hate:** The National guitarist; Ranking Roger, Front. "We went to see one vocalist; David Steele, of their demos in Birmingham and I wanted to throw a brick at them, but that's not the answer."

Comment: "We're a reggae band"



SPECIAL GUYS!

Home town: Coventry.

Special men: Terry Hall, vocals; Neville Staple, vocals; Lynval Golding, guitar; John Bradbury, drummer; Horace Panter, bass; Roddy Byers, lead guitar; Jerry Dammers, organ.

Met up: In 1977 in a Midlands club.

First hit: Gangsters.

Fans of: Rolling Stones and reggae of

course. Quirks: They've got their own record label, Two-Tone. It stands for racial

harmony. Pet hate: "Most guys going around fighting think it's great fun. But when you get put inside you realise it's not worth it.

Comment: "A rude boy is a rebel that don't go around causing trouble. He enjoys himself and dresses nice."

Can you cope when the wind of change gets into your life, or does it blow you down and right out? Read on and we'll tell you!

Your boss tells you that there's a super new job going but it means moving. You ...

a) Get off his knee for long enough to fill out the application?

b) Hope he gets it — that way you can have his job and the luxury apartment?

c) Say you'll apply for it so long as you can keep your desk where it is?

You've been to Bog-Lo nor four years running and this year a mate suggests somewhere different for your hols. You ...

a) Ignore her — it's up to Mum and Dad to choose! (You're sure they don't mind that you tag along)?

b) Get hurt — she's the mate that you usually go to stay

c) Decide Acapulco is probably just as good?

You've been seeing Freddie for ages but it's got you nowhere. You ... a) Suddenly doubt that his surname is really Laker!? b) Give it another year that sort of fella needs to take

c) Are pleased — it's his mates you've been after all the time ... and every day he makes so many new friends!?

Your best mate's getting married and it's going to be a wrench. You ...

a) Are so upset you cry thoughout the service and the reception?

b) Don't intend to part with the groom - you've only

You've had lovely long tresses for as long as you can remember but you really fancy a new short style. You ...

a) Take the plunge and have it cut to 1/4 inch all over and decide if you don't like it you can let it grow?

b) Panic at the thought of getting the chop - and buy a book of exercises to stretch your neck!?

Mum finally decides it's time to give your favourite old toy to a jumble sale. You ...

a) Know it's an empty threat - she wouldn't dare risk a tantrum - not of the sort you throw!?

b) Agree, of course — then nip along as fast as you can to buy it back at double what you first paid for it?

c) Don't mind. In fact you don't even remember what it is, you're always buying yourself new toys anyway?

c) Whip off the wig - your just started seeing him? own locks are exactly the c) Want to drag the best man right length!? his time? away as fast as you can?

c) 10 a) 10 b) 0 c) 5

a) 0 b) 10 c) 5

a) 10 b) 0 c) 5 b) 5 c) 10

0-15: The only thing you don't mind changing is your clothes! Anything other than that is a near disaster! Get into gear and start revving up with changes to make you more exciting. At the moment your mates and fella must want to change you that is to trade you in for a more adventurous model!

20-40: Your policy is that a change is as good as a rest of what's available - so you make your decisions as they

You've got it right. You don't try new things just for something to do - you always have a master plan at hand. Your secret is to take life seriously - and yourself, not at all!

45-60: The thought of change will never crack you up, but the rate at which you do it might!

You can't enjoy what you've got for the thought of throwing it over for the next adventure.

You move so fast you don't notice your big mistake - forgetting that we all need security.

It's time to slow down and think before you act!



STARS WHO NEED TO SUCCEED!

Sting's famous for his beautiful head and the fact that he's got it screwed on! He loves every minute of his success ...

"Everything happened so fast and we played so many countries so quickly that it was difficult to take in. But we aim to carry on playing in places where people have no idea who we are.

"After all what's the point in success if you can't use it to make all your dreams come true?"

Fair enough Sting. But listen to the bite behind this!

"Success always necessitates a degree of ruthlessness. Given the choice of friendship or success I'd probably chose success." Least he's Stewart Copeland's not so convinced it's all good going ...

"In 1976 we were earning £5 a night. Now we're making £4 million a year and that I love! We made ourselves with no producers none of this other stuff. And the band's come through. Still, I did prefer it in the earlier days when things weren't quite so crazy and we could go out and talk to the kids after the show. If we tried to do that now we'd be mobbed instantly."

Bjorn Borg is worth a fortune, he's invested all his tennis earnings in gas, oil, diamonds and gold. But watch him play and you can tell that none of it came easy!

"Tennis is everything for me. If I appear to be serious about it, that is because it is my life, the way I make

"I don't want any big social life to distract me from it. If I had to I'd give up everything for tennis." But

does he play for the money or the fame or the glory of success?

"The only audience I ever care about is me. I play for myself."

She was a secretary with the BBC then she trained as a beautician, worked as a barmaid and as a Playboy bunny,

"But I always loved music." Debbie Harry admits. "I enjoy my success and the boost my appearance gives the

"I love the touring, the hotels and even the terrible food we get on the road. What I did hate was trotting off to a job each day. That was much harder for me. Now I have a far tougher life, much more pressure, but I take care of myself and I'm dedicated. I don't know what I'd do if the band finished. Maybe have kids?

Somehow we can't imagine Debbie ever being domesticated - and as for having kids!

Tatum O'Neal didn't have to worry about her age. She won an Academy Award at the grand old age of nine!

"But I know I've missed a lot. I don't have any close friends. I have people I really like but I just don't get the chance to meet them. Most of my friendships are over the phone ones. I call Michael Jackson regularly, but I hardly ever see him.

'One thing I do like is being able to buy all the clothes I want. But I've always been used to having what I want so it doesn't give the kind of thrill it would for someone else. I like success, but I'd prefer love." Her daddy's always thought that too!

Gary Glitter's a great guy. He's got the right attitude to making millions - he spent the lot and had a ball! His career ended in the bankruptcy court, Gary had debts of over £165,000 so he tried a comeback.

"I did get some new fans. To keep up I stuck on the old pancake make-up a bit thicker and poured Polyfilla into the crevices. If I get another hit I can pay everyone back what I owe them. After all, what's £165,000? But even when I was making that kind of money I couldn't handle it. I became a very rich superwreck. But it was great fun at the time. I hope I do it all again!"

Sam Jones became a Flash star "I had no acting experience and I was

catapulted into the big league. For 25 years I drifted and blundered along. then suddenly I was famous. The trouble with success is there is so much to learn and so many pitfalls you have to avoid if you are to prevent the pressures of fame driving you crazy. At least I'm big, if anyone bugs me I can flatten them. I think where success is toughest is for women. And they always have to worry about their age. I'm lucky, I don't care how wrinkled I look!

Phil Lynott really loved his success as a rock star.

'It was the girls that I couldn't believe. All beautiful and all wanting to meet me! Most new bands love the girls that success brings.

'Suddenly you're popular and maybe only weeks before you were sitting at home wondering if you'd ever get a date. Still, it gets boring 'cos it doesn't take long for you to realise that it's not you they want but just an image of how they thought you were. I think success is best when it comes late, like it did for The Police, you have to be mature to handle it and I know I wasn't. But I've learnt by my mistakes."

If you think 'getting on' is unimportant, read what some of the stars have to say about success and what it's meant to them. Reckon some of them would sell their grannies if it would mean a hit record or a film contract. They certainly are ruthless!

And when stars have tasted success losing it can almost make them lose their mind. Remember what hap-pened to John Travolta when his follow up to Saturday Night Fever

John, hid away on his ranch for over a year. He didn't want anything to do with anybody. Then he lost confidence and backed out of film contracts he was signed to. Urban Cowboy put him back at the top but for how long? What'll John do if his next film is a flop? Will he hide his head in the sand again? It's obvious John Travolta needs success like other people need to breat



Success came late for Tiswas star Chris Tarrant. What's the nicest thing about it for him? Being able to throw buckets of water

and flans at successful people." Makes you want to Spit! And his dog frequently does!

Andy tells you... HOW TO BE did to

WITHOUT REALLY TRYING (or how to be really trying!)



As you know I'm a mind of information on how to be mad...So, read on for the inside story!

It's a good tip to start wearing funny clothes, perhaps bikini bottoms over a stretch cat suit. Then you can always go one step further — and pretend you think you're Superman!

If the clothes themselves don't make you look mad what about wearing them back to front? It's a way of looking as if you don't know whether you're coming or going!

Of course you could always try out "Stupid Boy!" Dad's Army star, Pikey's performance which is the style of the silly kid who can't grow up!

Accuse your hunk of having hidden your best dolls and say he put the teddy down the loo!

If you're too sophisticated for that kid's stuff you can get pretty zany by copying *The Goodies* guys! Carry wet fish in your hand-bag and crocodile sandwiches in your snap-sack!

You're made if you've got a mum or mate who is called Betty, you're Crawford crazy and likely to demolish anything in sight!

Try breaking panes of glass accidentally and polish up how to fall on slippy floors!

Even more slap stick to make you come unstuck if you settle for Selwyn Froggett fun — and don't forget to have that vacant look on the face.

Speaking of faces, you'll have to work hard to beat our Benny! He's a combination you should aim to create, so get started on that strange accent (A bale of straw in the mouth can really work wonders!)

Of course the accent's no use without the right script. Try watching Crossroads regularly (instant proof of lunacy if you don't laughl), that way you can pick up first hand tips.

If straw's not to your taste — try corn! Laugh hysterically at ancient jokes and ask to be taken to the funny farm!





SHE HAD TIME ON HER HANDS AND THE WORLD AT HER FEET







COMPLETE PHOTO STORY



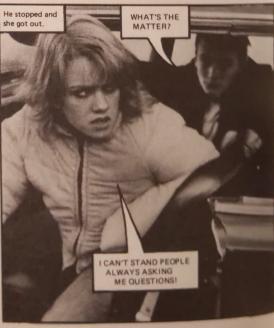












"The number's been disconnected."

And she did.

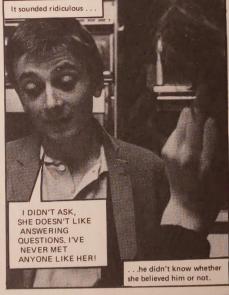


COMPLETE PHOTO STORY













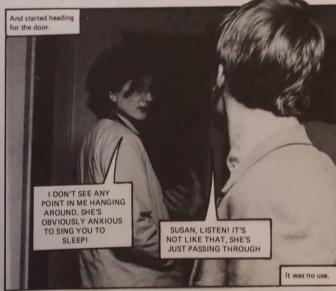


"Am I in for it now!"













COMPLETE PHOTO STORY







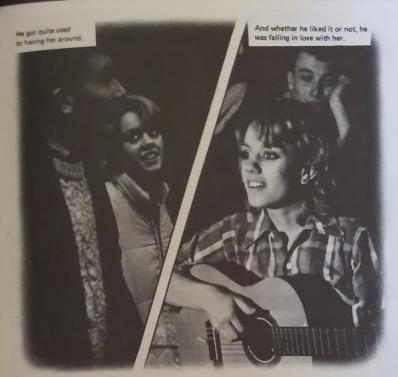








"Well the sooner she goes, the better it will be for us"













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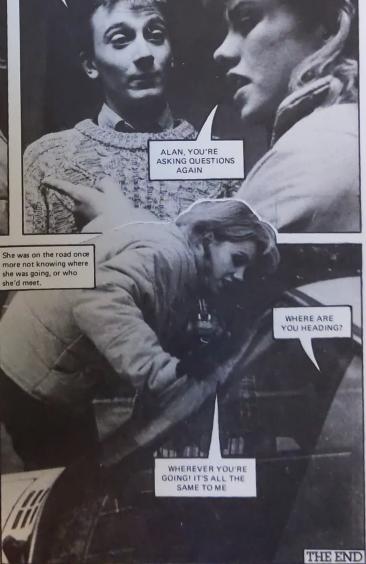


"You're crazy, supposing it had lost?"











HOW TO SAY WHAT YOU FEEL WITHOUT BEING A HEEL!

When you have to say what's on your mind it's best to try that bit harder to make it kind! So, here's how you can do it!

You've gone round to your fella's place for Sunday lunch and a heap of the dreaded roast parsnips is zooming your way ...

A HEEL WOULD SAY: "I think you must have boiled these for rather too long — they're all marked with the brown lining from the inside of the pan!"

YOU SAY: Nothing until you've taken one and passed them on, then "These look so good I could eat them all but I know I'd better save some room for the swede."

Your guy's gran has knitted him a woolly cap to keep his ears warm and he just doesn't seem to realise he looks such a sight in it ...

A HEEL WOULD SAY: "If you're so desperate to keep warm you should emigrate ... which I might do anyway rather than be seen with you in that!"
YOU SAY: "It's lovely — it makes you look like my very favourite Smurf!" and sound convincing. With a bit of luck he'll hand the thing straight over to you!

That new men's hair stylist has really messed up your fella's hair — he looks like he's had the Kojak cut...

A HEEL WOULD SAY: "Forget what I said about that woolly hat, with your hair like that you could do with something to cover it up!"

YOU SAY: "You still look lovely — 'cos that's what a Smurf's like underneath his hat!" Then hand gran's offering back to him double quick!

Mum's asking for advice. She's going out for the evening but is worried that her new trousers make her bottom look big ... They do ...

A HEEL WOULD SAY: "They're all right so long as you don't sit near the front otherwise they'll rope you in to play the rear end of the pantomime horse."

YOU SAY: "No. But they do make your waist look *very* small, perhaps you should wear my long shirt over the top."

Your fella's promised you a meal for your birthday but when the day comes round he's stony broke...

A HEEL WOULD SAY: "Well, I don't know why you're so hard up, the present you bought me can't have cost you that much!"

YOU'SAY: "Never mind, love, instead of buying you a present on yours we'll go out for that meal!"

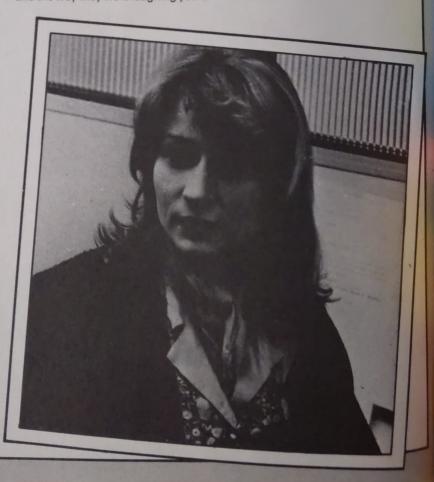
You and your guy are together at a party but this other girl doesn't seem to have noticed and is hanging round him ...

A HEEL WOULD SAY: "Don't take any notice of her darling, she's not really after you. I heard a group of her mates sending her over for a dare and the way they were laughing you'd have thought you were the joke!"
YOU SAY: "I know she must be annoying you darling, but please don't hurt her feelings ... perhaps I could have a quiet word with her 'cos a girl knows just the right thing to say in a situation like this!" (Then keep smiling just as sweetly from across the room while you tell her to push off!)

You see your fella with his arms folded tightly around another girl . . .

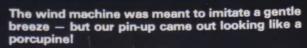
A HEEL WOULD SAY: "Don't try to kiss her — you've got such bad breath you could do her permanent damage!"

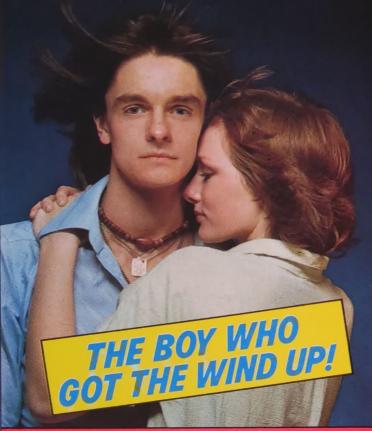
YOU SAY: Exactly the same thing — sometimes it pays to be a heel to get the last word!



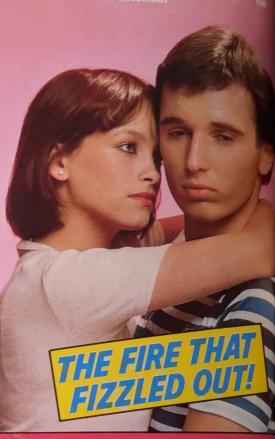


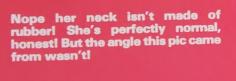






Someone told him that he was smouldering and sexy with his eyes screwed up - h





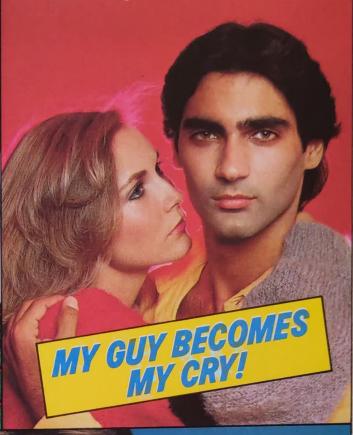


HAD TO COVER UP...

Maybe they hadn't slept, or maybe they were camera shy, or maybe it was because Bob was behind the cameral

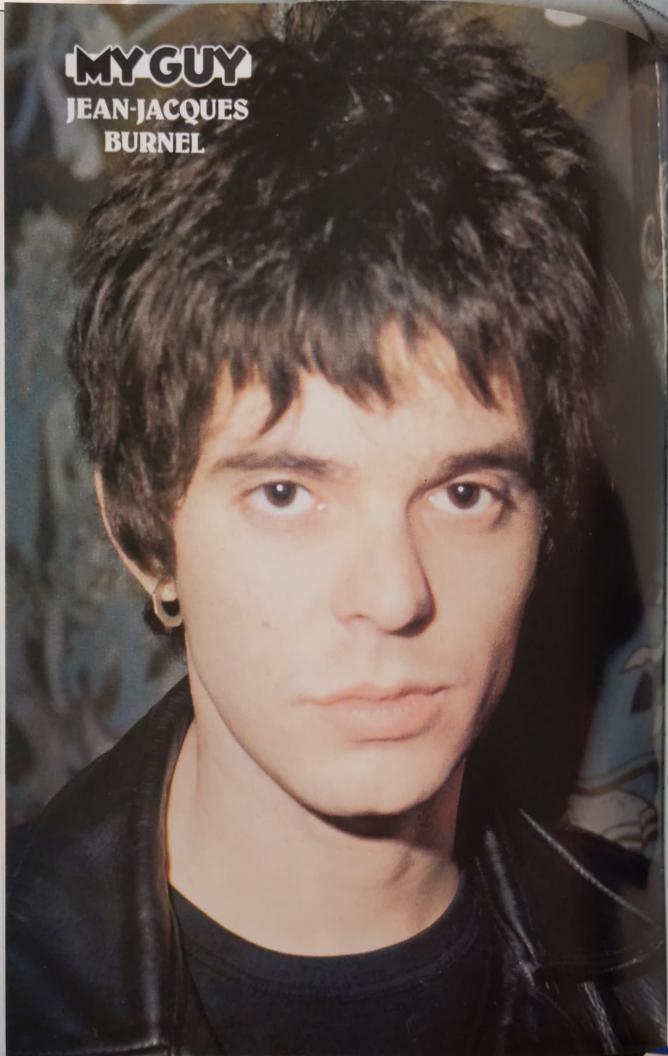
A SPOT OF SHUTEYE!

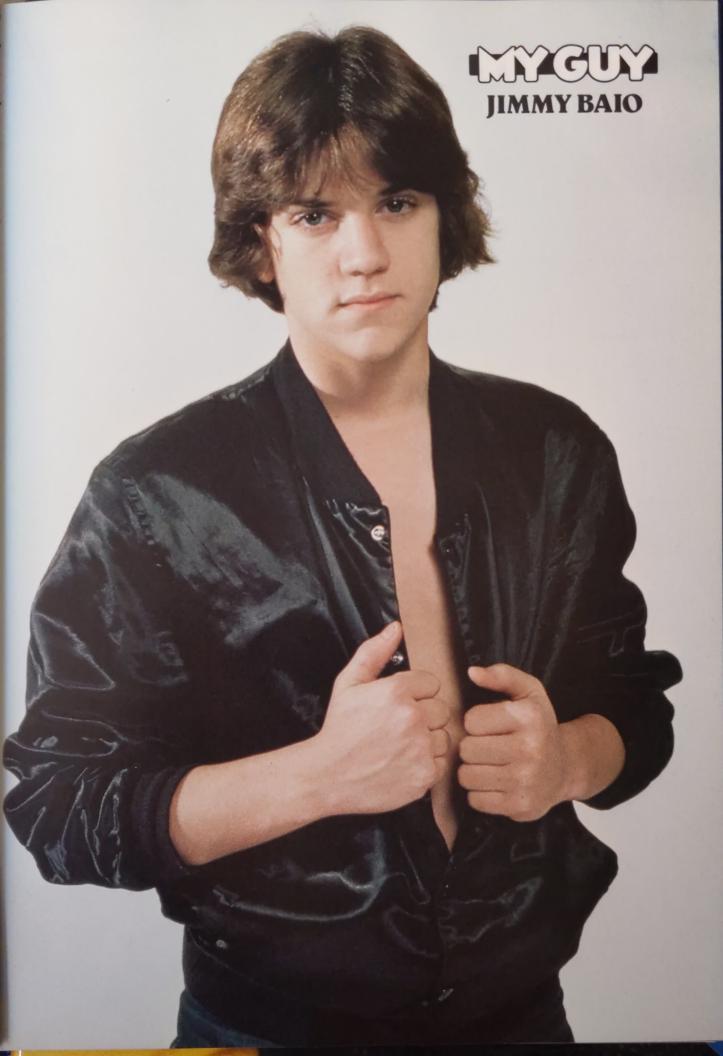
Look carefully and you'll see a tear in her eye. Was it the boy, the money she was getting — or that wind machine again?

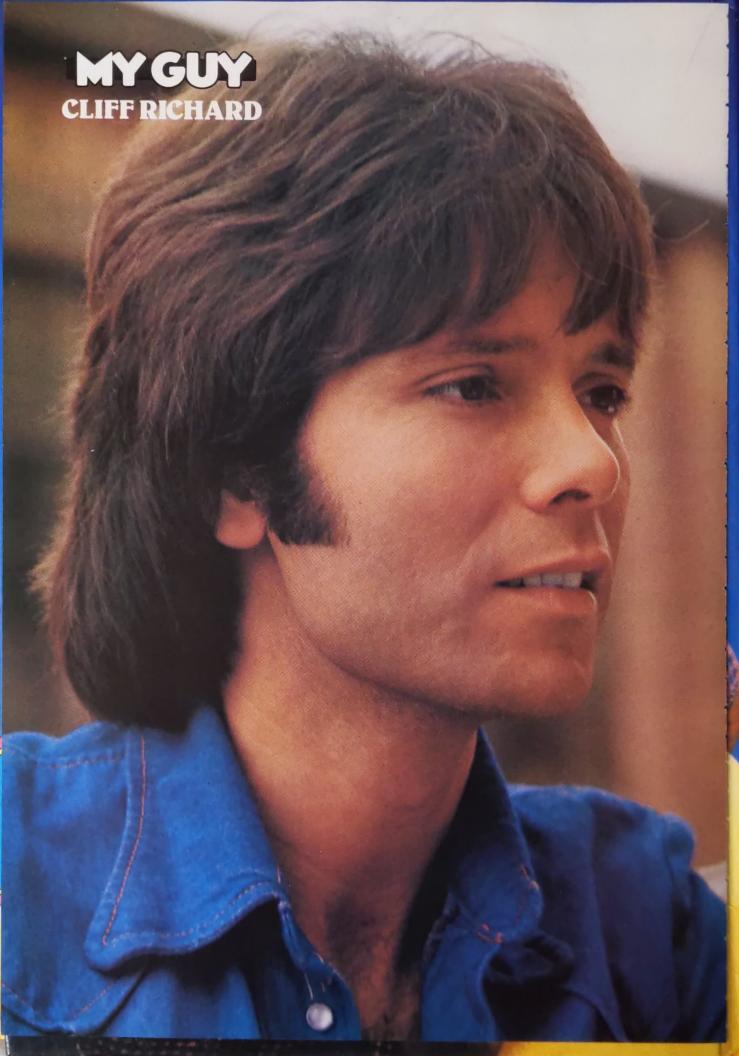


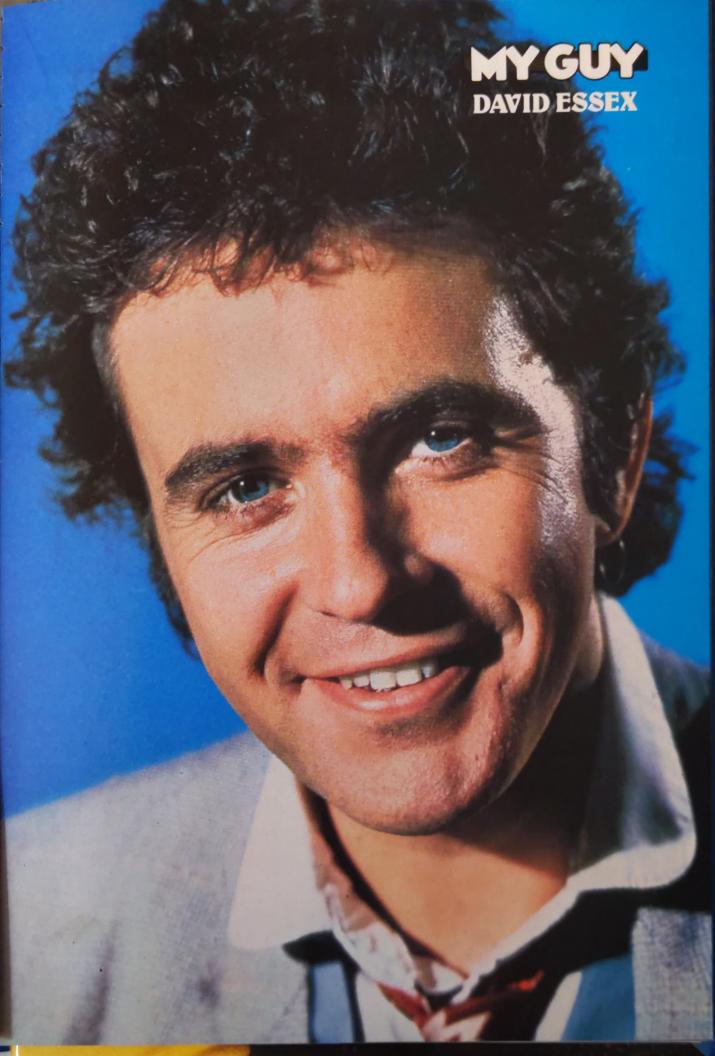
That's what we told our photographer! Had she been tippling, or was that fabby fella making her feel faint?

DON'T SHOOT TILL YOU SEE THE WHITES OF THEIR EYES...



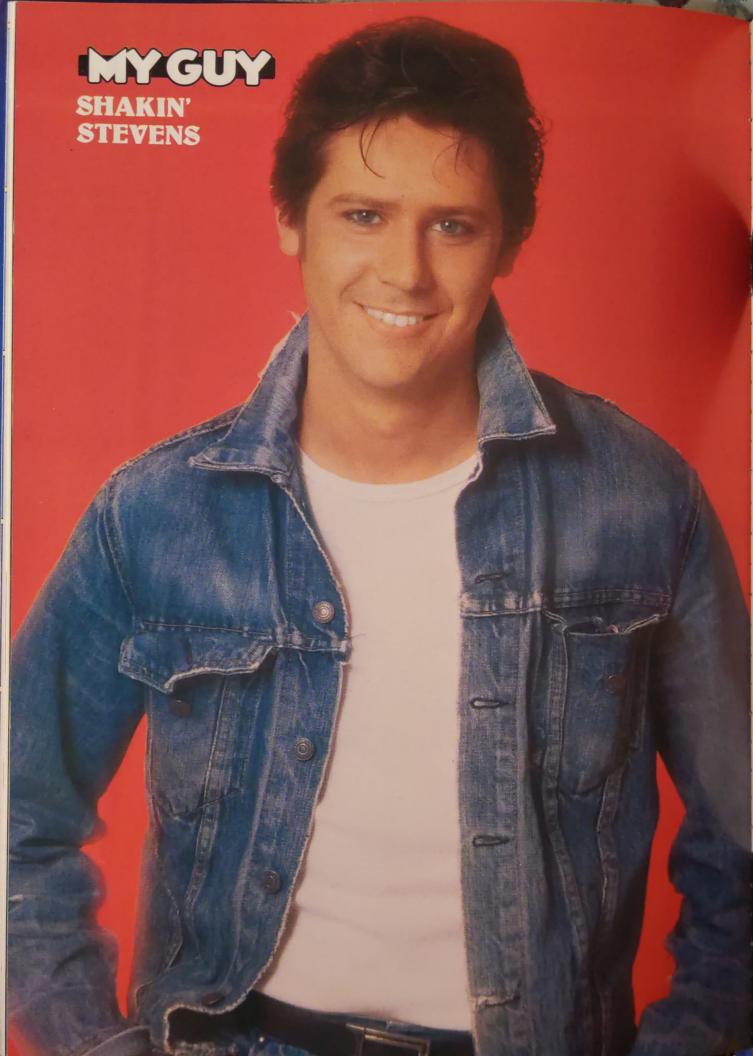






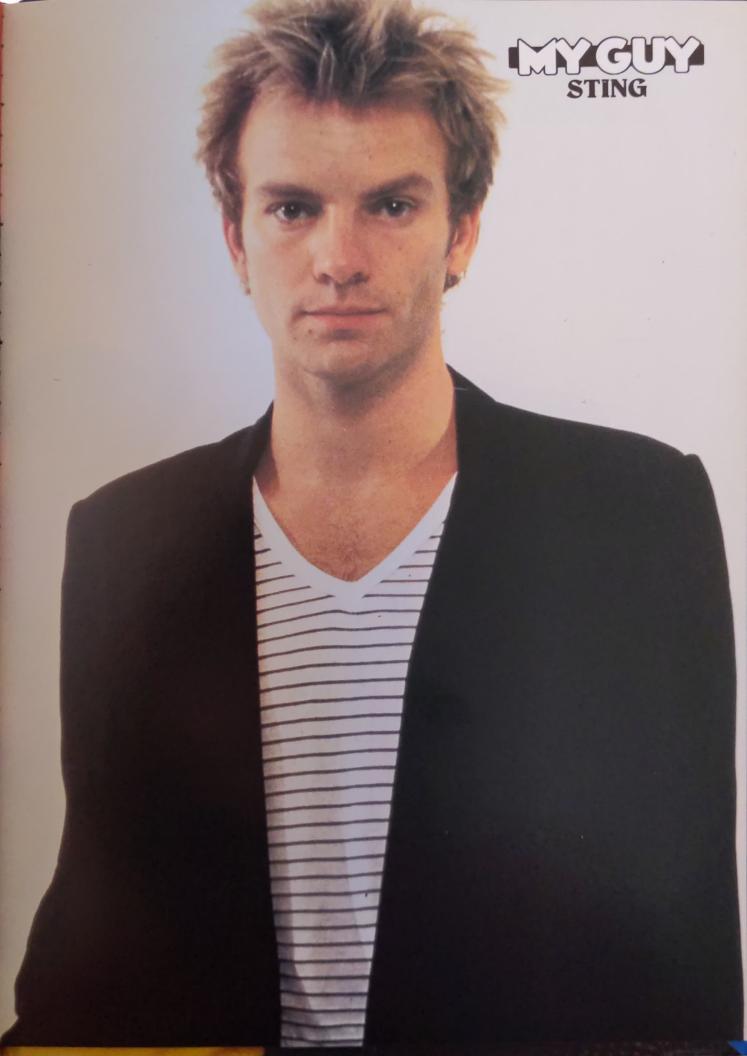




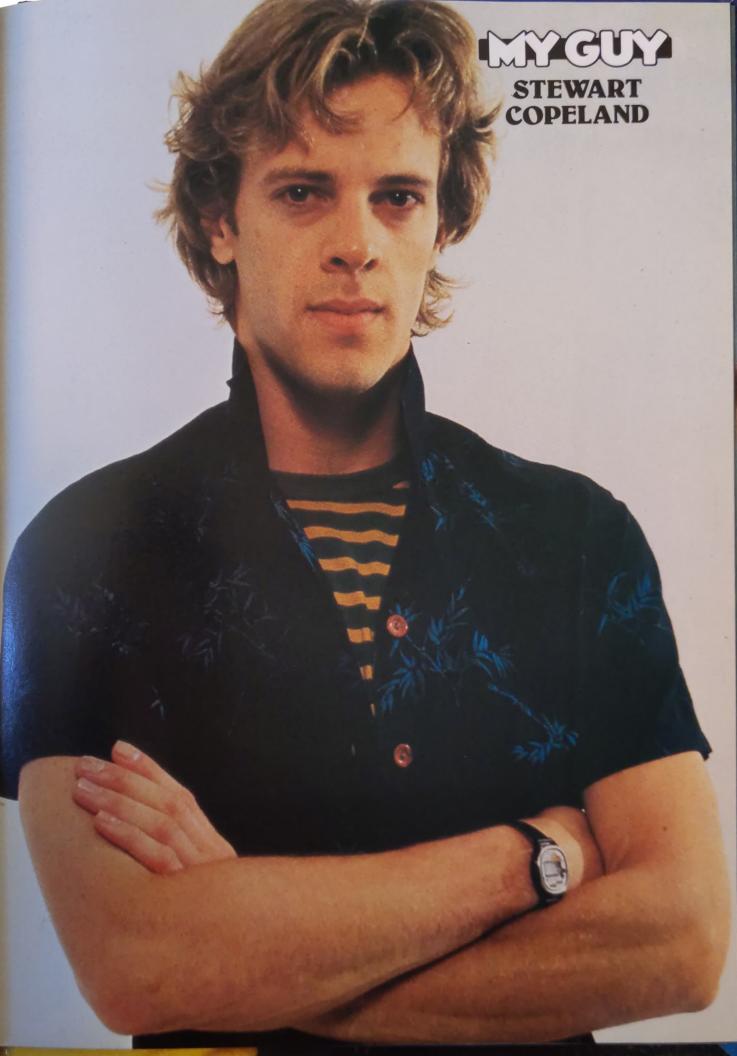


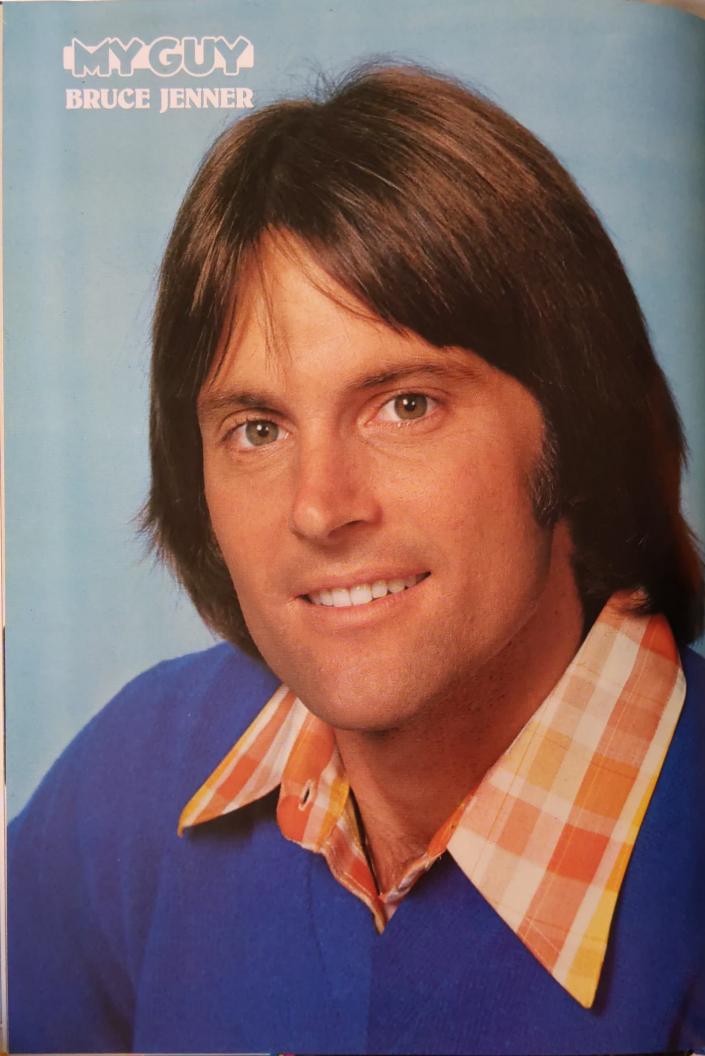


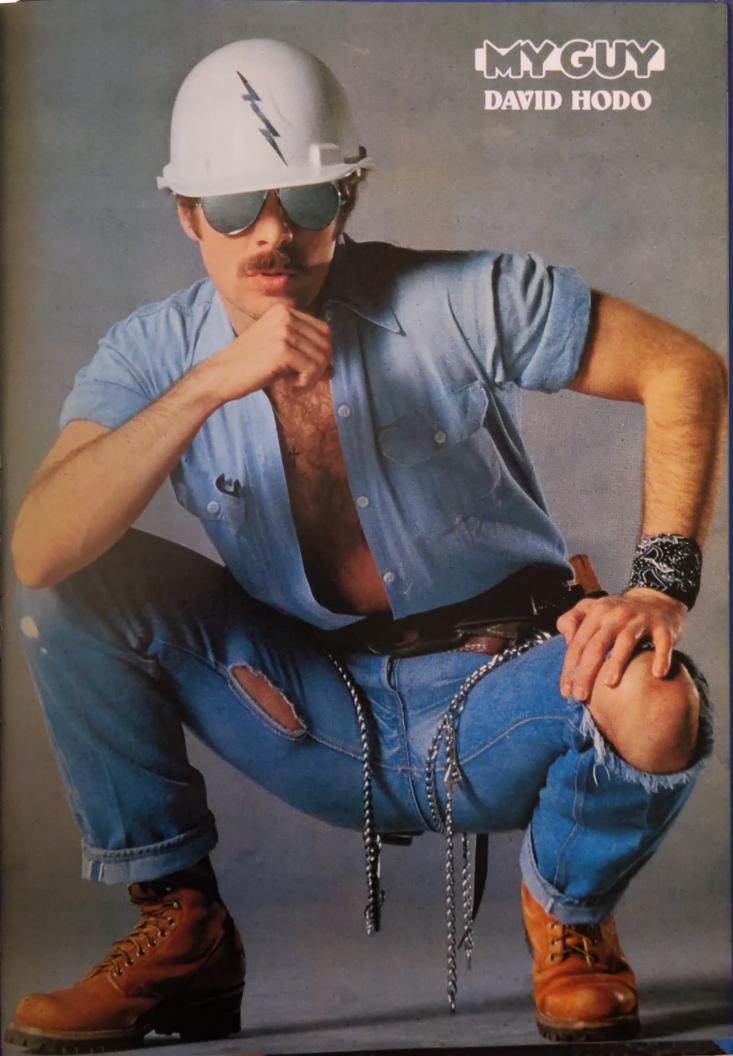












MORNING MUSTS...

No time for dithering in the morning, so keep your beauty routine simple!

The first thing to do is to wake yourself up, and the best way to do it is with a little bit of quick exercise.

If you just do one little exercise every morning it'll help keep your muscles firm, and your waist trim!

As soon as you get out of bed, touch your toes ten times - it'll get the circulation racing.

Then cleanse, tone and moisturise face before having a warm shower.

Don't forget to apply deodorant (or anti-perspirant if you sweat a lot!), as well as a light perfume to keep you smelling sweet all day long.

Apply perfume to pulse points like behind the ears, wrists, backs of knees and to the nape of the neck.

Nobody has much time for sorting out clothes first thing in the morning there's always too much rush to beat everyone else into the bathroom!

But you can be quick and still look like you've spent ages thinking about it, if you just remember to sort out your clothes and accessories (jewellery etc) the night before!

Dress comfortably for the day ahead, and don't forget to put on

clean undies!

Prepare breakfast. Have fruit juice, cereal, poached or boiled egg, with a slice of bread and butter.

Even if you are on a diet, don't skip this meal.

Your body has been resting for around eight hours and needs some 'fuel' to start the metabolism racing.

No matter how pushed you are, make time to sit down and have your breakfast properly.

Don't rush it, or try to gobble it up while you're moving around getting

Giving yourself indigestion is the worst possible way to start the day it'll make you a misery!

Having a nutritious breakfast means you're not going to give into the temptation of a mid-morning snack - and we all know how fatten ing those are!

Next step - make-up. A little bit makes a lot of difference.

Nothing heavy, just a light coating that looks natural in day light. Follow this routine:

a) First use a spot cover stick to hide any blemishes or pimples that may have cropped up. Dot lightly over area you want to hide and then blend in lightly with fingertips.

b) Apply foundation. To do this dot over cheeks forehead, eye-lid area and under chin (this part is very important) and then smooth into skin with a damp cosmetic sponge, to avoid any tell-tale lines.

c) Apply a cream blusher on cheekbones and temples and smooth this in

d) Set your skin make up with a fine translucent face powder. Use the 'loose' variety and apply with a large pure bristle face brush. Apply in upward movements as this will catch the fine hairs on the face, and then brush off excess in downward strokés.

e) Apply light eyeshadow to outer corners of eyes only and then a coat of mascara. Don't load it on - you'll only make your eyelashes clog together.

f) Finish with a pale lipstick/or

lipgloss.

Last thing to do before you set off is clean your teeth to make your mouth taste fresh and brush hair.

LIFESAVERS ...

For those mornings when things

start going wrong!

* If hair is lank and greasy, revive with a dry shampoo and promise you will wash it as soon as you get in in the

Hem on a skirt drooping? Then use double sided sellotape for now, but SEW it up tonight!



...AND LAST THING AT NIGHT

Right, before you get ready to hit the town put aside half an hour to sew up hems, sew on buttons and to get your clothes ready for the next day. Depending on what time you've got left when you get home before you go out again, we've come up with routines that will still make sure you go out glowing!

FIVE MINUTES TO GO!

Not much time to do a complete new you so concentrate on zapping up your face, changing your clothes and redoing your hair.

and redoing your hair.

First grab a drink. Have a glass of milk, it's a meal in itself and will kill the hunger pangs.

Take the phone off the hook, and

slip into a dressing gown.

No time to re-do all your make-up so do a quick patchwork job. Go over eye shadow, add another coat of mascara and use a kohl pencil to outline inner rims of eyes. Brighten up your pale cheeks with a bright blusher and then apply some lipstick.

lipstick.
Get dressed. This isn't the time to experiment with a brand new look. Choose something you know looks good and then drench yourself in perfume. That's it — a miracle in no time at all!

THIRTY MINUTES TO GO ...

Right, you've got time for a quick bath, a manicure and a change of hairstyle!

Run the bath and while it's filling cleanse, tone and moisturise face.

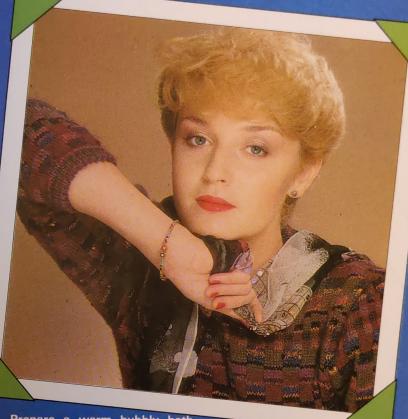
Then, put some rollers in your hair, the steam of the bath will set the style.

While you're in the bath take off nail varnish and then apply one coat of new polish. While they're drying, take time to relax.

Rub yourself dry and apply deodorant and perfume. Apply make up and get dressed. Brush out hair.

TWO HOURS TO MAKE THE MOST OF YOU ...

No excuse for not looking fantastic. You've got time to do everything.



Prepare a warm bubbly bath. While it's running take off your make-up and relax. Lie in a darkened room with feet propped up higher than your head, with two slices of cucumber over eyes. Makes tired eyes feel great — lively and sparkly.

Take time over your bath. De-fuzz any hair areas using *Immac* (available from most chemists and department stores) and finish off by rubbing in lots of body cream.

Do your make-up. You've got time to try something new so you go out feeling really great.

Pick out your outfit and press it if necessary, you'll look a mess if you go out in creased clothes. Add accessories like belts, earrings and necklaces, as they make all the difference.

Try out a different hair style, try putting it up or setting it with heated rollers, it'll give you that extra lift when you go out — and it'll make people take notice of you, of course!

BEFORE YOU GO TO BED ...

No matter what time you get in remove all make-up, otherwise you'll feel terrible in the morning. Your skin will feel tight and dry.

Stale make-up left overnight will cause blocked pores which will result in spots.

Just cast your mind back to the morning and remember how rushed you were!

Last thing before you hop into bed, clean your teeth!

And before you switch out the light read a book or magazine (My Guy is excellent for this). That'll relax you and help you get a good night's sleep!



Before he carries you over the threshold for that life of bliss as Mr. and Mrs. you'd better find out the score ... in our super quiz! Just answer the questions as best you can — and find out how well you know your partner — and how well he knows you!

QUESTIONS FOR YOU ...

- How often does he wear a a) Every day for work? b) Only on special occasions when his mum insists? c) Never?
- Before you met him he'd been on a camping holiday... a) Lots of times? b) Once only? c) Never — not even with the Boy Scouts?
- What would he prefer to do for an afternoon ... a) Go fishing? b) Watch/play football? c) Fall asleep?
- Which sort of holiday would he prefer ...
 a) A British seaside holiday?
 b) A wild time in a foreign resort?
 c) Something strenuous or
- What he noticed first about you was ...
 a) Your face?
 - b) Your figure?
- If someone offered to tell his fortune he'd ...
 z) Refuse he doesn't believe in that sort of thing?
 b) Agree, so long as he didn't have to fork out for it?
 c) Jump at the chance even though it meant paying?
- He thinks you look best
 - in ...
 a) Bright colours?
 b) Dark colours?
 c) Dramatic contrasts like
 black and white, etc?
- Which of these countries would he most like to visit ... b) France? c) Italy?
- If he was choosing a meal which of the following would be his favourite ... at Fish and Chips? b) Steak and kidney pie?

c) A Chinese take-away?

- 10. How often does he wear a) Only on holiday?
 b) In bright sunlight — vever the time of year?
 c) Only in Summer?
- If he were choosing a pet he'd get ... a) A dog?
- b) A cat? c) Something smaller like a budgie or a hamster?
- Aside from you, what sort of girls does he go for ...
 a) Blondes?
 b) Brunettes?
 c) Redheads?

QUESTIONS FOR HIM ...

What would she prefer to do for an evening ... a) Go out for a quiet drink? b) Go to see a film? c) Go to a disco or party?

- What sort of birthday/Xmas cards does she send to her
 - friends ...

 a) Views or paintings with the space left for a special
 - b) Jokey ones even if they're a little bit naughty? c) Whatever she can get, she's always on the last minute with them?
 - What would be her favourite colour for a swimsuit or
 - a) Green or blue? b) White or black? c) Some other colour?



100

Her favourite time of year for clothes is ...
a) Summer — so she can get by with the bare minimum?
b) Winter — she loves feeling cosy in soft woolies? c) Spring or Autumn — so long as she doesn't have to carry a coat?

- If she were going for a week away with her family would she prefer ...
 a) Blackpool?
- b) Torquay?
 c) London for the sights?
- Saturday afternoons she'd
 - prefer ... a) Going round the shops even if she couldn't afford to spend anything? b) Watching a feature film in her dressing gown?

 7) Hair washing etc for Saturday night?

- Her lipstick shade is ... a) Reddish? f.) Pinkish? c) She never wears any?
- She thinks honeymoons
 - // The most romantic times of peoples' fives?
 b) A good idea to keep people away from the kirchen sink for just a bit longer?
 - c) A waste of money that could go towards the house?
- Has she ever been on a caravan holiday ... a) Only once? I/) Often? c) No and she wouldn't like to either?
- Out of this list the dessert she'd choose is ...) Trifle with lots of cream? b) A stodgy pud covered in
 - cl Some flavour of ice
- 11. If you went to a fun fair she'd most enjoy ... a) The Big Dipper? >> The side show games? c) The candy floss?
- 12 If your mum had made a meal she hated, she'd eat ... a) None of it she'd just have to apologise and ex-
 - At least some of it, just to

THEN BOOK UP AT

THE MY GUY BEAUTY PARLOUR!

"get Rid Of My Bulges!

Of course - and there's no need to move an inch! 'Cos we've brought our beauty parlour to you ... at home. So sit back and learn how to

ou can't do this in a couple of hours, neither can you expect miracles overnight! If you're fat you've got to learn to eat correctly and stay eating that way. Otherwise, you'll lose weight and then go straight back to your old eating habits and put the extra weight back on, which makes it all a waste of time!

So, sit back and write down what you eat in one day. Surprised? We bet you are! How many snacks did you eat? How many biscuits, cups of tea with sugar and the odd current bun did you have between meals? These are the enemies! All these little extras can add up to the calorific value of a three course meal! So first thing is to cut out all snacks.

Keep yourself busy so your mind is not on food all the time, and if you get a nasty craving for something sweet and sinful reach

eet should be massaged and pedi-

cured regularly. They should be

comfortable too, 'cos if they're

miserable, it will show on your face!

To massage feet do this; Cross one leg

over the other or prop both feet up in front of

you on a stool. Then, using hand cream, foot

for a carrot stick or a piece of fruit, instead of

Next step is to cut out the bread. Certainly have a couple of slices a day (with thinly spread butter), but there is no need to eat half a loaf at breakfast!

Other enemies to the dieter are rich sauces, salad creams and dressings, fried foods and stodge like syrup puddings and chocolate cake!

Say 'NO' to all these foods and just eat plenty of fruit, vegetables, meat and fish. It's also important to exercise while dieting as this firms you up all round.

Whilst exercise alone won't make you LOSE weight, it'll help shift inches, tone up the body generally, and burn up those calories. Not only that, but you'll feel a lot

Diet slowly and surely. The quicker you lose weight, the quicker it'll go back on. Educate your eating and the pounds'll look after themselves!

cream or body lotion, massage with both hands around your toes, heels, ankles and up your legs! Do this every night after bathing. You'll soon notice how good your feet are feeling!

A good foot exercise for arches, ankles and for keeping feet supple is this; Cross your legs, point the toes of the top foot and then do a large circular movement with the entire foot. Repeat five times and then switch to other foot.

One of the best exercises of all is walking barefoot - indoors of course, we don't mean out in the street!

Corns, bunions, callouses and other curses happen only to feet which have been mistreated. More often than not, the cause is ill-fitting shoes, and that's a problem that's easily remedied

See a chiropodist for treatment, never try home cures!

"9 Want Neat Feet!"

"get Rid Of My Spots!"

pots are a curse that most teenagers experience it's part of growing up. To help get rid of them check diet. Spots love sweets - they come out in hordes for them — so steer clear of sugary things. Make sure you get plenty of exercise, too, preferably out in the fresh air as that will really make your skin glow. We all think it's much better to have naturally red cheeks than to pile the blusher

Next step is thorough cleansing. Cleanse, tone and moisturise every morning and night - blocked pores are one of the main causes of spots, blackheads and pimples, so those are the cause of most of your skin problems. Treat existing spots with medicated spot creams/lotions. There are plenty around to choose from, it's just a matter of finding the right one for you. Clearasil and Oxy are particularly good and these are available from most good chemists and department stores. To cover pimples, etc. use a medicated spot cover stick. Clearasil do one which will hide blemishes while treating them, so invest in one of



our hair needs constant conditioning treatment if you want it to shine with health. That means a conditioning rinse after every shampoo and a deep action treatment at least once a month.



A deep action treatment doesn't cost a fortune either, so there's no excuse not to have one! Here's a good home treatment. Wash hair and blow dry. Then warm a little olive oil in a saucepan, and massage this thoroughly on scalp and hair using the pads of your fingertips and not your nails as they will tear your hair

Then wrap hair on top of head and cover with a plastic cap. Over this wrap a hot towel and then leave for as long as possible, at least one hour! Then wash off. Rinse and rinse again in warm water to get all the oil out. You'll be pleased

As for which type of conditioner to use after shampooing hair, shop around. Most conditioners are just for smooth-ing and softening hair. Certain varieties are actually treatments, formulated to deal with dryness or dandruff. But the ordinary run-of-the-mill conditioners merely coat the hair and give it a pleasant texture, making it easier to comb. All this conditioning will be useless if you still ill-treat hair. By ill-treating, we mean, brushing hair when wet, using elastic bands for ponytails and plaits, backcombing (Heavens, you don't still do this do you?) over use of bleaching and harsh colourants and bad diet. Treat your hair with respect — it needs it!

"Give Me Some Gloss!"



HIM * I've often broken something out of anger.
* If people are rude, they deserve what they get back in return.

* I often argue with my girlfriend.
* If something's on my mind, I'll come right out

and say it.

* I've told her I love her — it's something you can't say too often.
If I believe in a cause, I'm not afraid to let

* I often say things that hurt people.

* It's no good bottling up your feelings.

HER * My tempers are well-known.
* |'Il complain if I'm treated badly.
* Rows clear the air.

Hows clear title air.
 I've always spoken my mind.
 He knows how I feel about him because I always tell him.
 There are times in your life when you have to

stand up and be counted.

* Sometimes I could bite my tongue off for being

so nasty.

*There's a lot of truth in the saying 'You have to be cruel to be kind'.

HIM * I find I get angry when she

mentions old boyfriends. * My parents prefer my sister to me.

* She's out with her mates too often.

* I just don't seem to have the luck my mates have had

finding jobs. * Kids have it a lot easier than I did when I was young.

* I've argued with her over other fellas. * My football captain/boss at work/older brother really

thinks he's it. * If she chucked me for another guy, I'd really make them pay.

HER * His ex still fancies him, I'm sure.

* Why should my kid brother/sister get as much pocket money as me?

Football, cars, motor bikes and his mates are all he ever thinks about.

Why do my mates get good jobs when I don't? * Nobody likes teenagers

tires of me

* I've often caught him looking at other girls.

* I should have been chosen for the sports team/school * He'll find himself another girl fast enough when he

HIM * I want the best for the two of us. * Sometimes I don't think she takes enough trouble

over the way she looks. * I can be pretty irritating but on the whole I like myself. * My father never made enough of his talents - / will.

* If I had to lose my job over something important, I

would.
* When I chat up a girl, I'm direct.

* You've got to believe in yourself. * If I don't do well with my life, it won't be through lack

HER * You've got to go out and grab all the opportunities in this world

* I could find myself another fella tomorrow if I had to. * I know I'm popular with my friends.

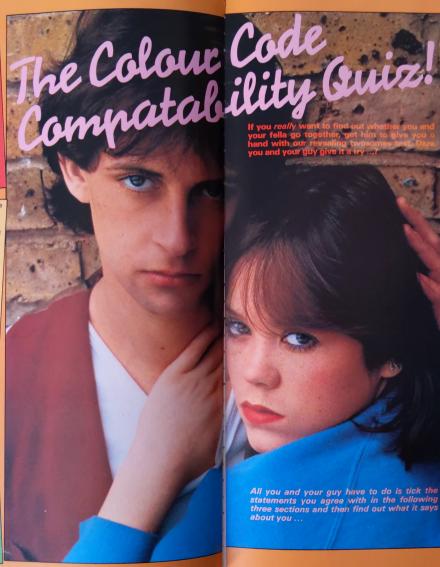
* If at first you don't succeed, go back and kick the door

* I've made a stand about something even when I knew it was better not to.

* If I see a guy I fancy, I'll tell him.

* My parents and friends know I'll make a lot of my life. I

* Life's a bit like an obstacle course but I was always



Red equals passions and emotions

If you ticked less then four statements, you keep your feelings under strict control and make every effort not to feelings under sinct control and make every effort not to give away too much about your emotions. Not a bad thing if you want to keep the peace, but there are times when you have to show the world how you feel whether you're standing up for your rights or holding on to the person you love.

If you ticked more than four statements, you believe in letting it all out. Pent-up emotions make you feel stifled so you let 'em loose. But you may find that the more you give away, the less you have to keep to yourself and cherish till the right moment comes along. Some emotions should be put in storage till the time is right. Think before you speak

One emotional partner plus one controlled equals the passionate partner relying on the quiet one as an emotional punch bag

Two emotional partners equals fireworks! This can be a very exciting partnership.

Two controlled partners may mean things take a long time to be said. But the relationship should be stable.

Yellow equals envy and jealousy

If you ticked less than four statements, you rarely suffer the pangs of jealousy. Or if you do, it's usually a natural reaction to a natural situation. You're happy and satisfied and you don't spend your days believing the grass is three shades greener over the fence. This is a good way to be - and it seems to imply you're more than happy with your lot.

If you ticked more than four statements, oh dear, the green eyed goddess has found a friend in you! Take each person as a person - not a rival. Would you be happy if you could step into their shoes just to see what it was like? You'd find it was no different. Think about it.

Jealous plus satisfied equals instant upsets ... unless the satisfied partner can cool the flames of jealousy when they burn.

Two jealous partners equals a permanent state of rivalry and a total lack of trust.

Two satisfied partners means the ideal relationship. Each wishes only the best for the other.

Green equals ambition and confidence
If you ticked less than four statements, you appear to
expect the basics of life and little more. You've no need for power and glory — it isn't in your nature and you wouldn't know what to do with it if you had it anyway. Life is to be taken as it comes. But don't put yourself down too much. You've as much right to success as the next person.

If you ticked more than four statements, you're on the way up. And if you don't get there it won't be through lack of trying. You have an unshakable confidence in your talents — which is fine. But remember pride comes before a fall, it's a good thing to be ambitious but don't let it become everything.

Confident plus ambitious equals support. The ambitious partner should go far with the help of the other.

Two ambitious partners once again could mean rivalry. But at the same time, it might bring them closer.

Two unambitious partners may regret their lack of get up and go when everyone else has got up and gone

toe body boost Make every bit of your body beautiful! From the top of your head to the bottom of your feet, pamper your parts and take care of them! They're the only ones you'll ever have so it makes sense to make the most of them. Follow our guide and you won't have any problems! People say it's your crowning glory, and so it should be. Use a shampoo suitable for your hair type, there are plenty to choose from and use a conditioner after every wash. A deep conditioning treatment should be done once a month, try using Henna Treatment Wax, you can buy it from most good chemists and department stores. Don't abuse your hair by using heated rollers and curling tongs too often, they cause split ends. And never, never use elastic bands to the back your flowing locks! Before you start caring for your complexion you have to recognise which skin type you are. Is it dry (feels taut and is flakey)? Or greasy perhaps (shiny coupled with blackheads)? Or maybe a mixture of both, ie a combination skin? Whatever your type, use products designed for it, ask a chemist for advice, if you're not too sure. Keep skin clean—outside by taking off make-up every night and thorough cleansing am and pm—and inside by drinking plenty of water to help the skin do its job of flushing away impurities. tie back your flowing locks! Most girls aren't happy with their chest. They're either too small or too big, but whatever your size make sure you wear a properly fitted bra. To tone up boobs try splashing with hot and then cold water once a day! Waist Rough scaly elbows are a turn-off, especially in summer weather, when they're on show, so rub in plenty of body lotion every day! Try using the skin of half a lemon to bleach' them clean! Your waist is the first place to show a gain in weight but, thank heavens, usually the first to show a gain in So if skirt bands and trousers are starting to pinch, take action NOW before that fat settles in to stay. Cut out sweets, sugar, bread and biscuits and of course, all greasy, fried foods. You should also bend sideways ten times each way night and morning, do this without fail every day, you'll certainly see a vast improvement after a couple of weeks! Thunder thighs your problem? Then start a diet and EXERCISE every day! Swim, walk, run up and down stairs (good one this!) and try this spot reducer. Sit on chair with legs straight out in front of you and a large book between the feet. Squeeze the book as hard as you can, as if you were trying to bring the legs together. Do this exercise ten times every day. Most important of all, remember dieting alone isn't going to get those thighs into shape. You must exercise if you want to see an improvement. Chubby knees? A diet will help as well as plenty of exercise (see our section for thighs). Meanwhile disguise them by wearing dark shades of tights with toning shoe colour and by blushing a dark shader on either side of

Don't forget your feet! Give them a weekly pedicure and rub moisture lotion in after bathing.



DOVER 12 JULY LARRED F 1981

OOLFOR

Sue was prepared to give up everything for Andy, but was he prepared to do the same for her?

When Andy and I first got engaged we knew it wasn't going to be plain sailing.

For a start my parents didn't

approve at all.
"You could do a lot better for yourself," my dad said sourly. "He's not good enough for you?"

"He is!" I said defensively, "just because he doesn't live in a very nice area doesn't mean there's something wrong with him!'

It was just one of many arguments we had over Andy, but when we got engaged, mum and dad seemed to give up. They knew nothing would make me change my mind.

But by far the worst part of it all was

giving up my job.

I'd always wanted to work with children, so when I managed to get a job in a childrens' home I'd been over the moon.

It didn't matter that the pay was very low, because the benefits were so high.

I loved being with the children, watching them, playing with them,

caring for them.

But when Andy and I got engaged I

knew I couldn't stay there any longer.
"It just doesn't pay well enough," said Andy when we talked things over. "If we want to save up for somewhere to live, we're both going to have to work really hard. I'll do as much overtime as I can — but really Sue, you're going to have to get a new job?

UNDERSTANDING

I hung my head miserably. I loved my job and I'd miss the kids terribly. But then I looked up at Andy and saw the understanding look in his eyes.

'Okay,' I said quietly. "I'll look for

something else?

It didn't take long to fix up a job at

the local supermarket.

I started filling shelves, but within a fortnight I was on the tills, earning double what I'd been getting at the children's home.



I was crying, but I didn't care that people were staring.

Andy was delighted. "What with the money I'm putting by and your savings, we'll be able to get a place of our own quite soon?"

Time flew by, and although I hated it at the supermarket, the money I was saving was mounting up. I didn't see much of Andy because he did overtime nearly every night. But I knew it would be worth it in the end ..

We started going out on Sundays to look at houses and eventually we found one we liked.

I was so happy, it looked like we could be married by the end of the

"We're going to be so happy here;" Andy said as we looked round. "I can feel it!

And I'm sure we could have been, if only fate hadn't been against us.

The next day Andy went to work, only to be told he was being made redundant.

"It won't be that difficult to get another job," he said optimistically. But I knew it would be.

DEPRESSED

Weeks went past, Andy went for so many interviews but nothing came of any of them.

carried on saving though, because I still hoped we'd be able to buy our

dream house.

Andy got more and more depressed, until one day he snapped out of it. "I've been to see the estate agent;" he told me over the phone. "If we put a deposit down this afternoon the house is ours?

I didn't wait to hear any more, I rushed out to the Building Society and drew out all my money, then I hurried over to Andy's house to deliver it. I didn't go with him to the Building Society because I had to go to work, but that night when I got home I sat by the phone waiting to hear from him.

But he didn't ring.

CRYING

I hardly slept that night, worrying about what had happened and when I didn't hear from him all the next day I knew I had to go round to his house to see what was wrong.

"He's not here love," his mum told me when she answered the door. "He's gone away — to see if he could find work, I think."

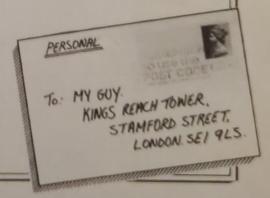
"But - but did he say where he was going?" I stammered, hardly able to believe what I was hearing.

"No love," she went on "but he said not to expect him back for a good few months?

I can't remember how I got home, I know I was crying but I didn't care that people were staring at me.

I haven't heard from Andy since then, that's six months ago, six long, long months.

And I still can't believe that he'd been fooling me all along. I'm sure he did intend to marry me, and to buy our dream house. But that's what I want to believe. I don't want to admit the truth to myself — that he just took me for a ride.



This is Marie's story. It has been told in all the newspapers. It's been on the telly. Marie herself doesn't know the whole of it yet. She doesn't know that I was the instrument in her tragedy. Now I have to face her ..

Jon is dead. She is in hospital. In a moment or two I shall see her for the first time since they brought her back. I am outside the door of the ward

afraid to go in ...
I don't know how I shall look her in the face. But for me they'd be alive and well, and together still, happily hidden from the eyes of the world, the way they wanted it.

I did what I did to get them back because I truly thought it was the right

You see, Marie, my best friend, and her Jon ran away together five weeks ago. No-one knew where. Not even me then. I was as shattered as everybody else when they went.

SECRETS

Marie and I had always told each other all our deepest secrets. Always ... but not this time. That hurt me. She could have trusted me ... Oh the irony in that now! Things change ...

This story really starts in spring when Marie began going secretly with Jon. She couldn't be open about him. No way could she take him home.

Jon was a bit of a lad. He rode a motorbike and was on probation for causing disturbances of the peace.

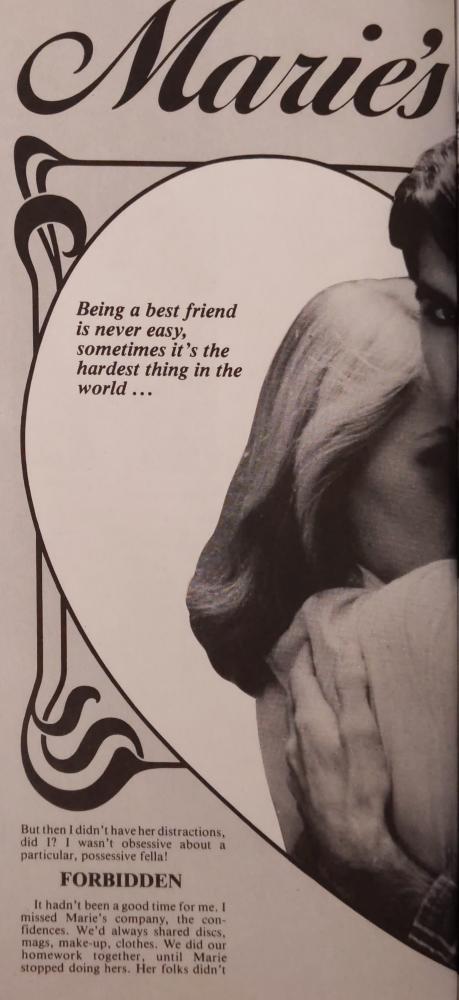
He came from a broken home, and had been taken into care when he was twelve. Marie confided to me that she thought being in with the bike boys gave Jon a real feeling of belonging.

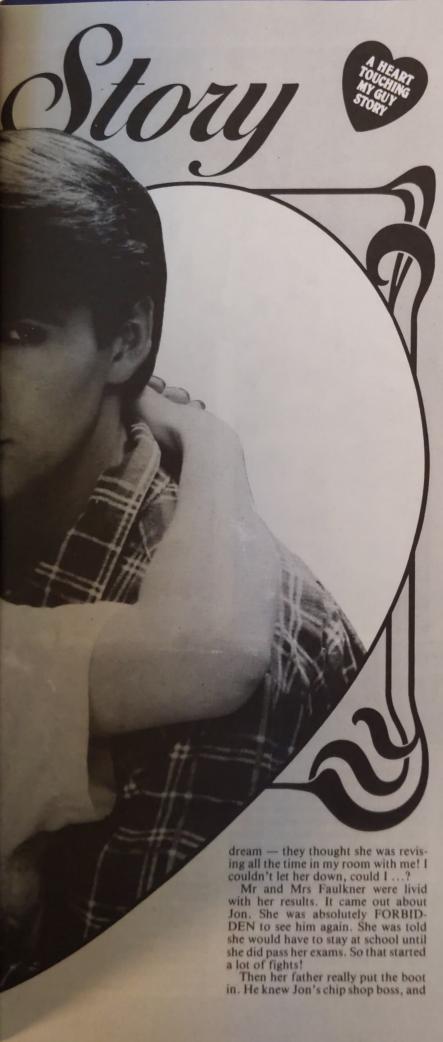
Maybe that's why he fell so hard for her. She was something all his.

We first saw him in the local chippie, and funny Jon first showed his interest by giving Marie extra chips! She soon got herself a Saturday job there supposedly to earn money for clothes, but Jon was the main attraction if her parents had but known it!

They were old. Marie who is an only child arrived miraculously and late. She wasn't close to them although they doted on her. She had ideas about her life while her staid Mum and Dad had very different ones. They had plans for her to be a teacher, and made her stay on at school.

It was a waste of time. When the 'O' level results came out she'd done badly in all seven subjects. I passed mine ...





engineered Jon the sack!

She didn't leave a note, just took what money she had, and hardly any clothes. She put her school books in the dustbin.

There was a lot of publicity. Marie Faulkner, 16, slim build, fair hair, fresh complexion, missing from home ... There was nobody to care what became of Jon.

The Faulkners couldn't eat, sleep or work. Some people said it served them right her running off — they shouldn't have treated her like a kid. Others said Marie was spoilt rotten, selfish. I didn't know what to think. I saw it passionately from both sides. I never guessed I might have to come down on one!

You see I found the clue to where they might be. Mrs Faulkner sorrowfully returned the paperback Marie had borrowed, a fat, passionate romance. She would have shown open disapproval of that sort of book once. I knew she must have found Marie's hiding place. She concealed such things on her book case in plain wrappers marked, 'English Literature!'

SEASIDE

Well, a newspaper cutting fell out
— an advert for a fish fryer with a box
number. I didn't tell at first. Marie was
still my best friend whatever she had
done, and she'd never forgive me for
betraying her. She'd be back when she
was good and ready ...

Then Marie's Dad had a heart attack, and I heard Mum saying to Dad it was all due to the stress and strain!

I told myself Marie wouldn't forgive me if I didn't lift a finger to help. It might be life or death.

I gave Mum the advert. The police traced them working in a seaside fish restaurant through the box number.

When Jon realised what they had come about, he grabbed Marie, and they fled on his moped with the police car in pursuit. Jon jumped the traffic lights and they were hit by a car.

Marie will be in hospital for a long time. She will have to learn to walk again. She will have to learn to live without Jon. Her father is an invalid now. She has come to terms with so much ... She's going to need a best friend ...

Oh, Marie, please, please understand, and let it be me. I try not to start crying as I pass through the swing doors.



And bet you do! These TV guys are well known to you hunk spotters, but we've sorted out a few facts about their pasts and presents which could give you a shock. And some of their little quirks could have you cringing with embarrassment. Might even put you off them!

Jimmy Baio star of Soap started his career doing TV cookie ads. Then young Jim went on to toothpaste ads (must have been the cookies!). His mum went to audition for a part she didn't get, but Jimmy was offered a role instead. Now mother and child are doing nicely!

Peter Blake started his career as a pop singer when he was 15, and he's still a dab hand on guitar. He's already recorded two 'unknown' records and his ambition is to retire young!

Michael Crawford's first public appearance was as a choir boy at St. Paul's Cathedral. He left school at 15 because he was bored and no amount of parental pressure would keep him there. Some mothers do 'ave 'em and Mike's mum had a real handful!

Tony Danza was a professional boxer until a smart actor's agent saw he was about to ruin his potential, his face! Still, his crooked nose is a souvenir of the ring, he broke it three times!

Lewis Collins started out as a ladies' hairdresser! Then he played drums and guitar in a band and finally decided on an acting career. He's an expert shot and he lives in a converted ambulance — no kidding!

Bob Carolgees and Spit. It used to be Bob the plod 'cos Bob was a policeman. Obviously not with the dog patrols! Spit has a pet flea called Flo, and his favourite colour is dirty!

Michael Deeks is a dinky lad but one full of talent. He's been acting since he

was a kid and his hobby is being pampered. Offers?

Patrick Drify's teachers in Montana thought he had acting ability so they sent him to Drama school. Then he went to Hollywood and got a job driving a truck! His big break came with Shakespeare. He married his leading lady and became a Buddhist! His hobby is collecting children's books.

Noel Edmonds was going to be a teacher but he decided to be a DJ instead. A decision that made Noel's dad very mad. Now Noel's a millionaire and dad's not so cross!

Kenny Everett was born on Christmas Day and his first job was working in a bakery. In his younger days Kenny's



ambition was to become a priest!

Lou Ferrigno took up weight lifting because he was such a fan of The Incredible Hulk comic book hero. Then he won the Mr America, Mr World and Mr Universe titles. Lou gets up at 5 a.m. for two hours of exercise. His first marriage ended in divorce!

James Garner had 50 jobs before he became an actor. He served in the US Army and was awarded The Purple Heart, which means he's a very brave chap!

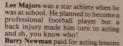
Paul Michael Glaser is a bright boy with several university degrees! He made his acting debut in a rock version of Hamlet and he used to share a flat with Police man, Andy Summers!

Steven Grives made his debut at 14. He's starred in hundreds of TV productions but his only ambition in life is to win the Grand National!

Larry Hagman was born in Texas, where else? By the time he was 20 he'd been in over 100 TV shows. You see, JR's has always been a success story! He oblects hats, likes to dress up as a gorilla and refuses to speak on Sundays (literally, not one word!).

Richard Hatch had planned to become a classical pianist but he landed a part in a long running series and forgot the piano. He still plays guitar and writes songs and his ambition is to record an album.

Frazer Hines is a country boy. In his spare time he's an amateur jockey and his ambitton is to star in a Western.
Jack Lord was in the Navy, then he became an artist and he has exhibited all over the world. He got a pilot's licence so he could hive in pursuit of his hobby, buying works of art!



by playing in a dance band. He's a keep-fit fanatic and only stays in hotels with gym facilities!

lan Ogilvy went to Eton and married a model. In fact, he was the perfect candidate to be the Saint. But in the early days the nearest he got to a stage was as a scenery shifter!

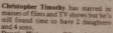
Richard O'Sullivan was a child star in Cliff Richard musicals! He's a football fanatic and plays every week. Richard's ambition is to win the pools!

Chris Quinten is Brian from The Street but he'd love to star in a very successful film in the lead role. Until then he'll keep on with the weight lifting and running.

Mick Robertson is a qualified teacher and another football fanatic. His records include one LP and two singles and his ambition is to see Portsmouth in the First Division!

Martin Shaw was a salesman before becoming an actor. He's married with three kids, sob!

David Soul has always wanted to be a singer. He worked in clubs and cabarets as 'The Covered Man' because he wore a ski mask over his face as a gimmick! He's had success in Starsky and Hutch but music is his first love. Chris Tarrant worked as a long distance lorry driver, security guard and teacher, then he became a TV director and Tisswas arrived! He has two pets, a worm and a rabbit both called Willie.



Dennis Waterman. When he's not minding other people he's minding his own business. A very private person who'd love to have a hit record.

Robin Williams started as a stand-up comedian. His hobbies include yoga, roller skating and dance exercises — all at once!

Simon Williams one of the tallest actors in the business (6ft 4ins in his socks!). He started in panto but he'd love to write a play.

Henry Winkler — Fonzie got his first job in a theatre in Washington and got the sack. His ambition is to come to britain and act in a Shakespearean production at our National Theatre!



When your guy's in a fix do you

Your guy and you are going to his work's annual do. It's an evening suit affair and he's having trouble doing up the bow tie. You ... a) Can't help, you're busy enough with yours - you've never worn a dinner suit either?

b) Explain that it should go round his

neck - not his waist?

c) Don't even get the chance to help — he brushes past saying, "Mum is sure to be able to do it!"?

2. He thinks his wage packet is a fiver short. While he looks around for a pen and paper to work it out, he asks you to check

a) Slip the £5 note back in the packet and hope that he was too busy to

notice you putting it in?

b) Remind him that he took one morning off work for his 'memory training' course - and that's why the boss has docked his pay?

c) Wonder why it always has to be your fella who shows you up in front of all your colleagues in the wages

department?

He shows you the holes in his new jumper. You ...

a) Say you're sorry and promise not to wear it to your fencing lessons again? b) Point out they're always like that it's a sleeveless sweater?

c) Are surprised - you'd never realised you'd dropped so many stitches. But you offer to darn them at once with the wool you'd got put by for his matching socks?

He's very conscious of a large spot that has appeared on his nose and wants to know what to do to conceal it before he goes out to meet his mates. You ...

a) Tell him not to worry and assure him that it's no more noticeable than

the one on his chin?

b) Offer to breathe on their magnifying glass if one of them even gives it a second look?

c) Tell him to pull down the visor on his motorcycle helmet and you'll pass on notes about what's happening in the film?

As he opens the front door to you, you notice he has something in his eye. You ...
a) Wish you'd never left that lump of

chewing gum near his contact lens case - but how were you to know he was as blind as that?

B) Remove the offending object without much sympathy — it's a flyaway piece of newsprint that got stuck there as he ogled the pin-up on Page 3?

c) Assume it's a wicked glint and throw your arms around him - he can't fight you off' cos he's blinded by that speck of dust?

As he races round getting ready for football he notices that his boots really need to be cleaned. You ...

a) Noticed that 5 minutes before that's why you didn't mind setting off

without him this week?

b) Hope that now he'll appreciate why you make him get his stuff ready on Friday night — there's too much to be done to leave it to the last minute on Saturday morning?

c) Offer to clean them - after all it was you who caused the mess in the first place when you tried to do them

with furniture restorer?

As you're about to leave his gran's house you see that there's a button hanging off his shirt. You don't want her to think that you don't notice that kind of thing, so you ...

a) Pull it off and say, "I don't know why you want to hang on to this one there aren't any other buttons on

the entire shirt!"?

b) Pull it off and say, "I'll keep this in my pocket until we get back then it won't be lost when you decide to stitch it on."?

c) Pull it off - the shirt that is, and say he can't walk along looking such a scruff, "Go home without it so that you don't embarrass Gran in front of the neighbours!"?

You're at the cinema when a O. fella your guy's been trying hard to avoid sits down in the seat in front. You .

a) Tap the fella on the shoulder you've been dying to know what Scarface Steve' looks like ever since your guy gave the police that photo-fit description?

b) Insist that if the manager does turn round you're not prepared to say that you're the adult and the guy you're with is your 10-year-old son?

COUNT ON YOU...

rive him a lift or let him down?!

...Gr

c) Say it's all right your ex wouldn't pick on anyone who was so much smaller than himself?

He's been asked to dinner with the boss and he reckons that if he plays his cards right it could mean promotion. You ...

a) Agree, so long as you can go along too — his boss is a man-eating blonde and what could be on the cards is a game of strip poker?

b) Are delighted but warn him to be on his best behaviour?

c) Insist upon sending a supper invite round to the boss and his wife — then start sorting out some recipes for baked beans on toast?

10. He's flummoxed when his car just won't start. You spring out to take a look. Quick as a flash you ...

a) Hot foot it after the 281 bus — at least that way you don't miss the start of the film?

b) Fit that spare alternator that you had in your handbag and ask if he'd like you to do a routine service at the same time?

c) Point out the problem immediately — the engine's gone! (Well how were you to know it was at the back on these foreign jobs!)?

SHOULD HE COUNT YOU OUT?!

MOSTLY 'A's

We reckon your fella would have to be mad if he figured that you're the type to trust!

You can only be counted on to look after number 1 — anyone else is definitely second best and inevitably gets ignored.

But it's about time you tried to settle the score, no fella's going to stick around with a selfish girl for long if he

Start giving him a little support before he sinks from your life without a tracel

MOSTLY 'B's

You're the ideal type to lean on — 'cos things always turn out right under your command!

Although you're worth your weight in gold — make sure he doesn't have

to pay the price!

He doesn't notice that you're always the power behind the throne, and you rarely forget to let him think that he's the kingpin!

What a wonderful girlfriend you are!

MOSTLY 'C's

Well you ought to get some credit from us for effort — 'cos you get very little for results from him!

Not that that's a surprise — your high hopes of being helpful often leave you flat on your face, feeling rather stupid.

Don't try to take over his life — just make yourself an important bit of it. Offer advice only when he wants it, and when you know it's right, otherwise you'll be rebuffed.

work for you!

While we're at school most of us have a Saturday job. The pay may not be very high, but you should still manage to save, even if it is only a little.

As for those who are at work, it's essential to save money on a regular basis, you'll never know when you might need it.

There are lots of ways to save and we've gone into just two.



BANKS

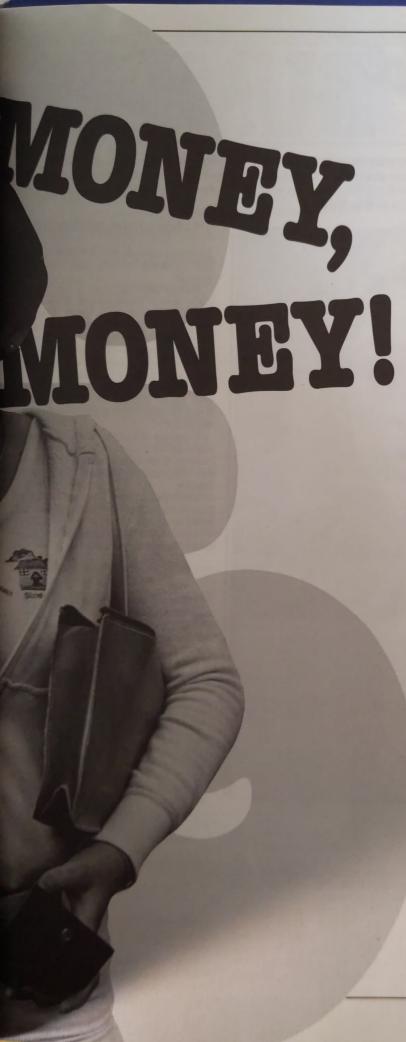
Having a bank account is an excellent idea. It doesn't matter if you're paid weekly or monthly, it's still best to bank your money. Not only do you keep it safe that way, but you haven't got the temptation to blow the whole lot at once. Sounds like a good idea, eh?

If you want to open an account make an appointment to see the manager of any large bank.

It's often a good idea to go to the one your parents use, one of them can act as a reference for you. You need two referees, so ask someone at work to be the other one.

An added bonus is that some banks, like Barclays for instance, offer a year's free banking for school leavers which is a great bonus!







BUILDING SOCIETIES

Saving with a building society is a good investment. Not only is your money safely out of the way, it's earning you interest the whole time it's in there.

There are branches of *The Abbey National*, *The Halifax* and other building societies in every High Street. Pop in, there are plenty of leaflets on display which will tell you all about opening an account and there's always someone to talk to you.

Don't feel awkward about going to see your bank manager or the manager of the building society.

They will be able to

They will be only too pleased to help you. They're nothing to be frightened of!

Once you've got a bank account you will receive a cheque book and a banker's card. That way if you run out of cash, you'll have something to fall back on!

However, with a building society you receive only one book, to pay in and withdraw money.

You do have to fill in additional forms which are to be found actually in the Building Society, so all you need is your account book.

Most banks open at 9.30 and close at 3.30. They're not open at weekends, although many have cashpoints outside. Enquire at the bank about getting a Cashpoint card if you think you need one.

Building Societies work roughly the same hours as banks, although they are usually open until 12.00 on Saturdays.

Whatever you do with your money, make it work for you.

Let it gather interest or keep it safe in the bank. Don't be a fool to yourself and fritter it away — because one day you really will regret it!

I get hundreds of letters from you through the year, but there are some problems that seem to bother you more than most are some problems answer these for you, here — I hope they'll help you in the future!



I've had terrible acne for nearly two years.

I do all the right things, cleanse, tone and moisturise, but it doesn't seem to do any good. Any tips?

Pat. Newport.

During adolescence there are a lot of foods and chocolate. hormone changes going on in the

Once adolescense is over your prescribe some form of treatment.

acne will eventually clear up.

There are lots of creams and lotions on the market and it is really a case of trying until you find one that suits you

Your diet is also important. Eat lots of fresh fruit and avoid greasy, fried

If none of these measures do any body and it is these that cause your good, make an appointment to see your doctor as he will be able to

CRAMP NIGHTMARE

I keep waking up in the night with terrible cramp in my legs. It's agony

Why is this and what should I do? Kay, Southend.

Cramps have a lot to do with tension and anxiety. They are caused by an involuntary

contraction by a muscle. This usually happens when it is too tense, Your tensions probably come out when you dream, which is why you wake up with cramp in the night.

The best thing you can do is pull your knees up to your chest. This over stretches the muscles and relaxes the tension.

Stay like this for a couple of minutes and the pain will go.

Walk about for a while then and you shouldn't have any more trouble. If this doesn't do any good though, and you keep getting cramp, see your

I TURN BOYFRIENDS OFF

I know I put my last boyfriend off me because of my terrible bad

Please tell me what I can do to clear this horrible problem up. Jackie, Stoke

Drink plenty of water and other fluids also citrus fruits such as grapefruits will keep your mouth clean.

Brush your teeth morning and night with a minty toothpaste.

You should avoid eating curries and other highly spiced foods as these always leave a nasty smell on the breath.

Smoking will also cause this problem, so try to give up if you do. Have a check up at the dentist to

see that your teeth and gums are Constipation can also cause bad breath so eat lots of fruit, vegetables

If none of these measures do any

good, see your doctor.

MY CAT MAKES ME ITCH!

My mum and dad bought me a cat for my birthday but I think I'm allergic to it.

Whenever I stroke her my skin starts to itch and I go all blotchy. Why is this?

Penny, Hither Green. You're right in thinking you have an allergy. It is caused by the protein in a

cat's fur. You should avoid touching you skin after you've stroked your cat and don't cuddle her close to your face.

If your allergy is severe, see your doctor. He may recommend you to an allergy clinic, held at most large

hospitals. They will carry out various tests and try to "desensitise" you.

However, this is a course of treatment that has to be repeated at twelve monthly intervals.

HAIR RULES WHAT I WEAR!

I've bought a beautiful outfit for my sister's wedding but now I daren't wear it.

You see, about a year ago started plucking the dark hairs that grow around my breasts. But they

keep growing back and I'm terrified they're going to show through my low top. What can I do?

Evelyn, Norfolk. Unless they are very noticeable I would never advise plucking hairs on

the breasts. They only grow back, as you've

The amount of body hair you have depends on hormones and during adolescence there are a lot of changes

Go and see your doctor and ask him about electrolysis.

This offers a reasonable assurance of permanent removal.

However, if this can't be arranged in time for your sister's wedding, pluck the hairs out again, that way you'll be sure of them not showing.

IS THE TEST RELIABLE?

Is it possible to still be pregnant even though a pregnancy test has proved negative? Sarah, Leeds.

If a pregnancy test is taken very early then it may not form a positive result.

You see, in early pregnancy, the body produces a special hormone which passes into the urine.

A pregnancy test detects this hormone and the result is positive. But if the pregnancy is in very early stages, the level of hormone may be too slight to detect.

If there is any doubt after a pregnancy test has been done, another should be taken.

WILL MISSING PERIODS HARM ME?

I've been having periods now for three years but they're still not regular. I quite often miss a month. Will this do me any harm?

Brigid, Haves. It takes up to five years for the menstrual cycle to settle into a regular pattern, so you really have no need to

In fact worrying will make things worse, as it could easily delay your

Irregular periods won't harm you. so you don't need any medical treatment.

But as you are so worried, why don't you see your doctor and have a

He will explain exactly what is happening to your body and why.

WHAT'S THIS STRANGE RASH?

Whenever I get angry or upset I get a red rash on my chest and neck. It's very embarrassing and my friends have noticed it.

What causes this?

Tracey, Southampton. Blushing is a very common problem, but there is a minority of people who don't blush on their faces but somewhere else on their body, usually the chest, just like you seem to do.

It appears as a blotchy, red rash when you're upset or angry. You have nothing to worry about, so don't feel embarrassed.

TROUBLE DOWN BELOW

Just recently my vagina has been very sore and itchy. I've also noticed a thick white discharge in my pants.

What is this? Have I got an infection?

Sandra, Coventry. It sounds to me as if you've got Thrush, as the symptoms you describe are identical to those of this condition which teenage girls are likely to suffer from.

It's a fungus infection that thrives in an acid environment

Acidic secretions change during puberty and this means that you are more likely to contract such infections as Thrush

Keep yourself very clean, changing you underwear regularly and always wearing cotton pants

See your doctor as he will be able to prescribe an effective treatment for you to use.



Every time I go out on a date I get a stomach upset and can't go. What causes this?

Anne, Sittingbourne. You get these tummy upsets because you're nervous about your date.

When you are anxious, adrenalin is pumped into your blood stream which increases bowel movements and so you have a tummy upset.

It's a common problem but I still think it would be a good idea to see your doctor, as it is ruining your social.

Meanwhile, try to calm down the next time you're preparing for a date. There really is no need for you to get



THE HELP PAGES

I've been going out with Frank for nearly six months now and although my mum doesn't mind my dad is really against us.

He says I'm too young to get seriously involved with anyone no matter how nice they are.

He thinks I only see Frank once a week but I see him every night. Mum covers up for me.

I can't go on like this for much longer. I don't like lying to dad, but I don't know what else I can do when he's so unreasonable about the situation.

Wendy, Basingstoke. He isn't all that unreasonable you know, he's simply trying to protect

All dads are like this. They try to keep you as their little girl for as long as possible and they're only like this because they love you.

As your mum knows all about you and Frank, ask her to talk to your dad about it.

Once she's prepared him, take Frank home so they can get to know each other. Hopefully your Dad will then accept him.

MY DAD'S A DRUNK!

My father's got a drink problem. He often comes home so drunk he can hardly stand. My mum has to help him upstairs and put him to

If he doesn't go out he sends my sister out to buy beer and whisky for him from the off-licence round the corner

My mum cries all the time because she doesn't know what to

Please help us.

Anon, Birmingham. Contact Al-Anon Family Groups, 61 Great Dover Street, London, SE14YF or ring them on 01-403 0888. They will tell you where you can get help near

Please do get in touch with them because they will be able to help you sort things out.

Al-Anon is an offshoot of Alcoholics Anonymous and was formed specifically to help the families of people with a drink pro-

WHAT'S WRONG WITH ME?

I know I'm not very good looking compared to most girls but all my friends have got boyfriends and I haven't.

What's wrong with me?

Sally, Ashford.

Nothing's wrong with you, you've just got a very low opinion of yourself that probably puts guys off.

You're as good as the next girl and once you realise that you'll notice a difference in the way people treat

Hold your head high, join in conversations, laugh and joke and you'll soon find you've got yourself a boyfriend.

Looks really have got very little to do with it.

HIS MUM HATES ME

I've been going out with my fella for nearly a year now and we're very happy

The problem is his mother, She hates me. She always wants to come out with us but never welcomes me into her house I know she's a widow, but surely

that doesn't explain her behaviour Jackie, Wolves It sounds to me as though she is simp. ly jealous.

She's been used to having her son all to herself and now you are threatening to take him away. All women find it difficult to accept

that one day their sons will leave home, but being a widow would make it all the more upsetting. Encourage your fella to show his

mum that he isn't going to forget all about her because of you. He must try to be affectionate and

the odd bunch of flowers or box of chocolates wouldn't do any harm And the next time she wants to go out with you, don't sulk, make the

most of it. Once she realises you don't mind having her around she won't feel so rejected and so hostile.

HE'S SO STRANGE

just don't understand my boyfriend. Most of the time he's lovely to me, but then he goes all

He won't speak to me and he doesn't bother to ring me up. It's hurts me so much when he's like this.

Why is he?

Alice, Ulster. He's immature and that's why his behaviour's so erratic.

It's obvious he wants a girl-friend but he's not prepared to make the effort to keep her.

The next time he doesn't ring you, don't chase after him. Don't get in touch.

If you don't hear from him you'll know he's not worth bothering

Find yourself a fella who cares as much about you as you do about him. A one-sided relationship doesn't do anyone any good.

I HATE MY STEP-DADI

My mum remarried recently to a man much younger than herself. I hate him and ignore him as much as I can.

My other brothers and sisters get on with him, which makes things worse. What can I do?

Dooleys Fan.

You must confide in your mum, as she's the only one who will be able to help you.

You're bound to resent a new man in the family particularly if you feel he is trying to replace your real father.

ROBLEMS

Then let me help. I'm Chris and throughout the year I try to help you with any problems you may have. Here are some of your letters and my answers. Hope they'll help ...

But don't hate him because of this, He knows you can't think of him as a father, but that doesn't mean to say you can't even like him.

If your brothers and sisters get on with him, surely he can't be all that bad?

lanoring him will only make things worse.

Talk to your mum about it and slowly between you and your stepdad I'm sure you'll be able to put things right.

WE ALWAYS ARGUE

I've been going out with my boyfriend for nearly four months and we see each other every night. The only trouble is, we argue a lot and one of us ends up getting

Do you think we see each other too much? Carole, Preston.

I'm sure you're seeing too much of each other Try seeing each other less often.

perhaps cut out one date a week to start with

Everybody needs room to breathe, or to be with their friends.

Don't suffocate each other, it will only lead to more arguments.

I ALWAYS DITCH HIM

I've been out with this guy 11 times before, and each time I've chucked

He still likes me and wants to go out with me again, but he's scared the same thing will happen.

He's going out with a girl who doesn't like me. People say he's only going out with her to make me jealous. I really want him back.

What can I do?

Sue, St Albans.



ou can stop playing with this poor guy's emotions for once and for all, You're not fair.

If he has gone with the other girl to make you jealous, it's worked, hasn't

You didn't want him before, when you had him. What makes you think you'll want to stay with him this time

Face facts. You only want him when he's got someone else. It's a case of holding on to him to make yourself feel good.

You don't really care about his feelings at all.

No wonder he's wary of going back with you. If he had any sense he'd say no' for now and always. Stop being obsessed with your power over him and set him and yourself free to make relationships based on real friendship and affection. Please see how unfair you're being.

GUYS-I'LL HELP YOU TOO!

SHE'S TOO PRETTY I fancy this girl at work but the trouble is she's much better looking than I

Do you think I stand a chance? Madness Fan. Of course you do! All you have to do is ask her out, it's as simple as that. Don't do it in front of everyone, wait until she's on her own and then

Suggest going for a coffee after work or something. Don't let her see how nervous you are though.

Looks aren't important remember that, it's personality that counts.

WEDDING DAY BLUES

I'm meant to be getting married in a couple of months but I'm not looking forward to it at all.

I was until recently, but now I feel no excitement at all. I still love my fiancée, so I don't

know why I feel like this. Ray, Northolt. You've got pre-wedding nerves which

are really quite common.

It doesn't mean that you shouldn't go through with your wedding, as the fact that you still love your fiancée

It's natural that you're going to feel nervous about taking such an important step. After all, it is going to change your entire life.

Confide in your fiancée, as I'm sure she'll be able to help you.

I NEED TO KNOW THE FACTS

All my mates know about the facts of life and when they talk about them I pretend I do too. But I don't know

I'm too embarrassed to ask my parents so where can I find out? Tony, Devon Write to the FPA Book Centre, 27/35

Mortimer Street, London, W1N 7JR. They do a lot of publications which would help you, so ask them for a list.

A couple that I would suggest are Boys and Sex (75p) and Teenage Living and Loving (35p).

I'M SO EMBARRASSED

I'm 18 and I went to a club for the first time last week, where I was mistaken

I dress like a fella, so why did this happen? I feel so embarrassed.

Simon, Ireland
These days with fashions in clothes varied it's easy to make a silly mistake. That's all it was, so stop dwelling on it.

It will probably never happen again and you'd be a fool to let it put you off

THE HELP PAGES

Cheats: Corner.

Yup, for those of you who are dumb, but want to pretend you're masterminds, here are the answers. Also for those who want to prove to their guys that they were right and that girls really are smarter ...

(FROM PAGES 14-15)

Answers to Apic Quiz!

1. Cliff Richard 2. Olivia Newton-John 3. Billy Idol 4. Village People 5. Chrissie Hynde 6. Michael Andy Summers 11. David Bowie 11. Cliff Richard 2. Olivia Newton-John 3. Billy Idol 4. Village People 5. Chrissie Hynde 6. Michael 11. David Bowie 11. David Bowie 11. David Summers 11. David Lynott 12. Andy Summers 11. David Lynott 12. Feels Wings 9. Art Garfunkel 10. Andy Summers 12. Elton John 12. Elton John 12. Elton John 12. Elton John 12. Sheena Easton Jackson 7. Paul Weller 8. Wings 9. Art Garfunkel 10. Andy Summers 12. Agnetha 28. Sheena Easton Jackson 7. Paul Weller 8. Wings 9. Art Garfunkel 10. Andy Essex 27. Agnetha 28. Sheena Easton Jackson 7. Paul Weller 8. Wings 9. Art Garfunkel 10. Andy Essex 27. Agnetha 28. Sheena Easton 12. Johnny Logan 13. Paul McCartney 14. Freddie Mercury 15. Elton John 22. Kate Bush 33. The Bee Gees 34. David Van 12. Johnny Logan 13. Cliff Richard 32. Kate Bush 33. The Bee Gees 34. Chris Stein 17. Darts 18. Roger Daltrey 25. Madness 26. David Essex 27. Agnetha 24. Bob Marley 41. Chris Stein 17. Darts 18. Roger Daltrey 25. Madness 26. David Essex 27. Agnetha 28. Sheena Essex 39. Roxy Music 40. Bob Marley 41. Chris Stein 17. Darts 18. Roger Daltrey 25. Madness 26. David Essex 27. Agnetha 28. Sheena Essex 27. Agnetha 28. Sheena Essex 27. Agnetha 28. Sheena 28. Sheena 29. Bob Marley 41. Chris Stein 12. Johnny Logan 13. Cliff Richard 32. Kate Bush 33. The Bee Gees 34. David Van 12. Sheena 29. Bob Geldof 30. Gary Numan 31. Cliff Richard 32. Kate Bush 40. Bob Marley 41. Chris Stein 12. David Essex 27. Agnetha 28. Sheena 29. Bob Geldof 30. Gary Numan 31. Cliff Richard 32. Kate Bush 40. Bob Marley 41. Chris Stein 12. David Essex 27. Agnetha 29. Bob Geldof 30. Gary Numan 31. Cliff Richard 32. Kate Bush 40. Bob Marley 41. Chris Stein 12. David Essex 27. Agnetha 29. Bob Geldof 30. Gary Numan 31. Cliff Richard 32. Kate Bush 40. Bob Marley 41. Chris Stein 12. David Essex 27. Agnetha 29. Bob Geldof 30. Gary Numan 31. Cliff Richard 32. Kate Bush 40. Bob Marley 41. Chris Stein 12. David Barber

Solution to
Giant Nasty Crossword!

ACROSS: 1. Christopher Reeve 8. Winston 11. Andy Summers 13. Valentino 16. Let 'em in 17. Sister Sledge 22. Odyssey 24. Animal 25. Status Quo 27. Ian 31. Natural 32. Top of the Pops 36. Ono 37. Ross 38. Twice 39. Leo Sayer 40. Joe 41. Sunday 43. Art 44. Dallas 48. Ry Cooder 50. Phil Lynott 62. Shoestring 53. Abba 54. Rod 56. Buggles 57. Note 58. Sir 59. His 62. Kate Bush 64. Trad 65. Street 66. Hoe 70. Rhoda 71. Stones 72. Beano 73. Val 75. PW 76. Liar 77. Bryan 80. Lou Ferrigno 82. Stevie Wonder 86. Grant 87. Sandown. DOWN: 1. Charlies Angels 2. Rod Stewart 3. Sesame 4. Osmond 5. Roses 6. Elvis 7. Eve 8. Waterman 9. Stone 10. No 12. Ed 14. Les 15. Angels 18. TB 19. Leif O'Connor 34. Police 35. Proud 37. Ronnie Barker 40. Jacksons 42. All 45. Alvin 46. Long Riders 47. Andy Gibb 49. Rotten 50. Playschool 51. Mash 55. Doctor Who 56. Bat 60. Into 61. Sting 63. Harry 64. Travolta 67. Stevens 68. Maiden 69. Bob 72. Brave 74. Lou 78. Ron 79. Wind 81. New 83. Oz 84. DE 85. RG.

ANDFINALLY

It's time to go. But before we do, here are a few messages from the gang, and their thoughts about working for My Guy ...

"Goodbye darlings, I just know that you'll all have loved my annual. But I don't want to take all the credit. Let me just say a word or two of thanks to all those who helped — Mum and Dad for supplying the vital ingredient (me), Canadian lumberjacks for inspiring a girl, and the security men who kept Andy out of the building. Without Andy it was not only possible to finish this book, but a heck of a lot easier."



"Here's a bit of info on my plans for the mag next year. There are going to be a few changes around here. First the name will be changed to My Bob. If You've Got Problems will be changed to My Bob. If You've Got Problems will be changed to My Bob. If You've Got Problems will be changed to My Bob. If You've Got Problems will be changed to My Bob. If You've Got Problems will be changed thing, really called If You Haven't Got Bob which is the same thing, really called If You Haven't Got Bob with Andy. There will also be lots of pin-ups of me, star stories, You Andy. Your Bob, and the pop page will be called Bob with Andy. Your Bob, and the pop page will be called Bob with Your Bob, and the pop page will be called Bob with Andy. There will only be one Hi Guy each week — I won't tell your letters!" who this hunk is, but I can't wait to get all your letters!





"I'd just like to tell you to keep sending those problem letters in (sob). It doesn't (choke) depress me at all, honest! Don't worry about me, nothing gets me down (sigh). And maybe someone out there can tell me, is there anyone I can send my problem to? Or would the Post Office refuse to handle Andy?"

"I just want you to ignore everything Bob said. Julie will keep him in his place (it's ten miles from the office!). Though I should tell all those of you who like him that you'll both have a chance to win a night out with him. The runner-up gets a week with him! But you'll have to see for yourselves next year — until then, don't forget to keep sending the fan mail, Byeeee!"

